



Stimulating School Sport

2025-26

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WELCOME



Sport and exercise are fundamental aspects of school life, serving both educational and strategic purposes. In an era of economic uncertainty, a high-quality sports programme can set any school apart.

The true impact of sport and exercise lies in the individuals who bring it to life: the leaders, teachers and coaches. Research consistently shows that the quality of the coach-player relationship is the single greatest factor in whether teenagers stay engaged with competitive sports and health-driven physical activity. When coaching is dynamic, inspiring, and relevant, both enthusiasm and participation rates remain high. With compulsory school sport declining, it is more important than ever to foster a culture of voluntary, enthusiastic involvement. It is therefore vital that coaches, across all age groups and ability levels, stay current with contemporary methods.

To ensure access to top-tier coaching education for all teachers – regardless of location, time, or budget – we offer a mix of face-to-face and online courses. Both formats have proven to be equally popular, with participation numbers being nearly identical across the two. Details on online training can be found later in this brochure.

Our annual conference programme is designed to give leaders in sports and activities the chance to connect with peers, learn from industry experts, and enhance their practice. Some of these events are highlighted in the brochure, while others will be shared later in the school year.

We are dedicated to meeting the needs, goals, and aspirations of school sports coaches, whether they are new to the field or seasoned veterans. We hope you find the resources and opportunities you're looking for in the following pages. If not, don't hesitate to reach out – we are committed to developing new offerings based on your feedback.

We look forward to partnering with schools, educators, and sports leaders for another exciting year of impactful school sports programming.

Helen Oliver, Events Director

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Recruit Graduate Coaches

Demand for graduate sports coaches in schools is five times greater than only four years ago. Finding, and retaining, the best people is more difficult than ever. High quality, enthusiastic young people are still available to work in schools, usually on a resident basis. We can find them for you.

We have more than fifteen years' experience working with schools to recruit graduate assistants. Many go on to complete teacher training in post. Our relationships with leading universities, National Governing Bodies and professional sports organisations provide access to the highest quality people.

All recruitment is on an no appointment, no fee basis; you have nothing to lose.

“I applied for a graduate role after finishing university through Dan Scargill at ICE Education, back in 2009. I was guided through the whole interview process and secured a Sports Graduate role. It was a year I loved! I am now a Director of Sport in an Independent school and recruit graduates through ICE. I could not recommend this recruitment service highly enough.”

Sarah Parkinson-Mills, Director of Sport, Kings High Warwick

Contact Dan Scargill, Director of Recruitment

EMAIL dan@ice-education.co.uk

TEL 015395 60060

WE ARE PLEASED TO BE WORKING WITH THE FOLLOWING PARTNERS



Netball Coaching for Beginners

with Karen Greig

Monday 6 October James Allen's Girls' School, London

Friday 7 November Tudor Hall School, Oxfordshire

Monday 12 January 2026 Tormead School, Surrey

This is the country's leading course for those who are new to teaching Netball in schools, or for those who may not have taught it in a while. Over 1,000 teachers have participated in this event throughout the years. No prior experience in playing or teaching Netball is required, though most attendees have a basic understanding of the game. The course covers essential Netball skills, methods for practising them, and straightforward strategies for team play. Teachers will be introduced to a range of drills and practices, shooting and passing techniques, and develop a basic tactical understanding. Additionally, the course will explain the fundamental rules of the game and how these can be applied to umpiring school matches. Teachers will feel confident in their ability to deliver lessons and manage a school Netball team.

- Skill based warm ups for young players
- Ball handling techniques and practices
- Passing drills and games
- Developing effective footwork
- Getting free in attack
- Person to person defence
- Sound shooting technique
- Developing options and court balance
- Understanding the Rules, including recent changes

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Don't forget schools can now reclaim the VAT on all our courses



18th Annual National Schools' Netball Coaching Conference

with Noeline Taurua,
Current NZ Head Coach

Tuesday 25 November
at St George's Weybridge, Surrey

Effective Coaching of Attack and Defence in Schools

This year's Conference will be delivered by Noeline Taurua, Head Coach of the World Number Two team, New Zealand. She will demonstrate how essential attack and defence skills and strategies are delivered in her national programme, and adapt these principles for adoption by school teams.

- Building essential skillsets for attack
- Applying skillsets into on-court strategies
- Practices to develop individual defensive skills
- Applying a team defence strategy



Noeline Taurua is the current Head Coach of the Silver Ferns – the New Zealand national Netball team, and is in her 8th year in this role. In 2019 the Silver Ferns were crowned World Champions for the first time in 16 years. In the 2020 New Year Honours, Noeline became only the third Netballer ever to be awarded a Dame Companion of the New Zealand Order of Merit (DNZM). As a player, she played in the 1995 World Cup and 1998 Commonwealth Games for the Silver Ferns.

Prices & Booking

1 Place **£225** 2 Places **£359**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



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Please note the Early Bird Discount does not apply to British Gymnastics and Trampoline courses or the PADSIS Conference.

NETBALL *continued***Netball Defence Masterclass****with Tamsin Greenway**

Friday 28 November Tormead School, Surrey
 Friday 6 February 2026 King Edward VI High School for Girls, Birmingham

This course is designed to equip teachers with the skills and confidence to coach both individual and team defence in modern Netball. Aimed at coaches with some prior knowledge of the game, it focuses on deepening their understanding of all aspects of defensive play. Participants will learn a variety of drills to help players regain possession in the rear third, as well as strategies for implementing effective defensive tactics. These approaches can be tailored to players of all ages and skill levels, making the course particularly beneficial for coaches and teachers working with players in the Under 11 to Under 15 age groups.

- The vital significance of the end third
- Fundamental defensive skills
- Common defensive structures
- Individual skills for effective defence
- Team movement patterns
- Creating turnover ball through unit cohesiveness
- Building effective defence at all levels of the game

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Tamsin Greenway is the current Director of Netball at Super League franchise, London Mavericks. She was previously the Head Coach of the Scotland National Netball team, leading the team at the 2023 World Cup. In a distinguished playing career, she was a member of the England teams that won Bronze Medals at the 2010 Commonwealth Games and at the 2011 and 2015 Netball World Cups. Between 2006 and 2018 she played in eight Netball Super League grand finals for three different teams, winning six titles as a player and coach. She has additional experience in the ANZ Championship with Queensland Firebirds. Tamsin works with Sky Sports, and won the 'Pundit of the Year' award at the 2023 Broadcast Sport Awards.

Find our online netball programme on pages 22–23

**Netball Attack Masterclass****with Tamsin Greenway**

Friday 7 November Haberdashers' Girls' School, Hertfordshire
 Friday 30 January 2026 Sir William Perkins's School, Surrey

Attacking styles and principles are always evolving in Netball. This is a course for teachers with some experience of coaching the game, who wish to introduce their teams to the most modern skills and strategies. It is particularly suitable for coaches of the game from Under 12 to Under 15 level. Tamsin will bring contemporary approaches direct from international and Superleague Netball, and demonstrate how these can be presented in schools. A range of innovative practices will be presented, enabling teachers to approach the new season confident that their sessions will be exciting and effective.

- Understanding the principles of modern attacking play
- Practices to increase working relationships on the court.
- Enhancing reactive responses in young Netballers
- Ensuring attackers work together
- Court related positional practices
- Working with a school team to achieve success

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.

**Effective Drills and Practices for Netball Coaches****NEW****with Karen Greig**

Friday 14 November Solihull School, West Midlands

This unique course will equip teachers and coaches with practical, engaging drills to develop players' skills in all elements of the game. The course will present a wide range of progressive drills, covering all the game's principal skills, adaptable for different ages and abilities, ensuring players remain challenged and motivated. Participants will gain an understanding of skill development and how it can be incorporated into game play.

- Passing under pressure
- Understanding possession
- Shooting
- Defence
- Movement
- Teamwork

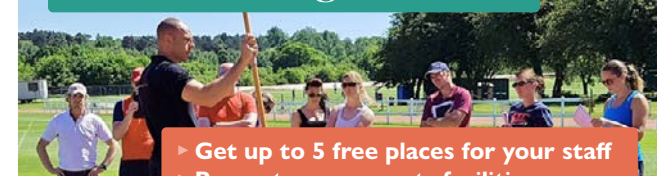
Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Karen Greig is the current Head Coach and Franchise Director of Manchester Thunder. She has led the team to multiple Superleague titles, and was the 2018 and 2022 Superleague 'Coach of the Year'. She is a former captain and Superleague winner with the same team, also achieving 31 England caps as a Goal Shooter. Karen was Assistant Coach of the full England team during the 2015 World Cup in Australia, and was Head Coach of England Under 21. She has also been a commentator with Sky Sports.

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TELEPHONE 015395 60060 EMAIL clarew@ice-education.co.uk

Umpiring School Netball

with Karen Greig

Monday 13 October Dunottar School, Surrey

Many teachers of Netball are expected to umpire school matches, often in front of parents who may be quick to judge. This can be a stressful experience for novice or less experienced umpires. Recent rule changes have only added to the challenge. This course is designed to help teachers build confidence in creating a safe and supportive environment for both players and spectators. It will ensure teachers understand the rules, but also in how to manage and score a school match. The course combines classroom learning with practical application and also explores how the rules can be adapted for younger players or lower ability games, ensuring the game flows smoothly while enhancing player enjoyment and development.

- Major rules and penalties
- Use of the whistle
- Umpire signals, communication and positioning
- Applying advantage
- Effective umpiring at school levels
- Scoring the match
- Prioritising at different age groups
- Interpreting difficult situations

Prices & Booking

1 Place **£95** 2 Places **£149** 3 Places **£195**

Course runs 1pm – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



National Prep Schools' Netball Conference

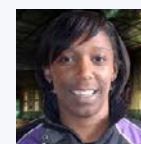
with Sonia Mkoloma and Amanda Newton

Thursday 29 January 2026
at St George's Weybridge, Surrey

IN PARTNERSHIP WITH



Sonia Mkoloma is the new Head Coach of Super League newcomers, Birmingham Panthers. For the last four years, she has been the Head Coach of the England Netball Player Pathway (also known as Roses Development Framework – a structured pathway from grassroots to elite). A former international Netballer, with 129 caps for England, she won three World Championship and two Commonwealth Games Medals in a 15 year career playing at the top level in UK and Australia. In 2013, she was inducted into the England Netball Hall of Fame.



Amanda Newton is a former international Netball captain with 100 caps. She was a member of the England teams that won medals at the 1998 Commonwealth Games and at the 1999 World Netball Championships, before captaining England at the 2007 World Netball Championships. Between 2001 and 2010 she played in seven Super League finals, and won four national titles. She has coached England teams at both senior and youth levels, as coach of the medal-winning team at 2015 World Championships, and also the England youth team which toured New Zealand in 2017. She has extensive experience of the school game, at all ages.

This year's Conference will be presented by two of England's most prominent players and coaches of recent generations. They will present a wide range of drills and practices to illustrate how fundamental skills can be developed in the youngest players. Effective team play depends upon high quality basic skills, and the programme will demonstrate how these can be introduced and developed. Prep school coaches can become confident that their sessions, practices and techniques reflect everything that is current in the contemporary game.

Programme

- Attacking the Goal
- Court Balance
- Back lines to Goal
- CPA – 3 phases
- On off CE movement
- Fundamentals attacking skills
- Drives to take on the 1v1 defence
- Give and Go
- Passing under pressure
- Movement to create space
- Defending to win the ball
- Dictating player space on the court
- Repositioning on and off the body to win the ball
- Dynamic moving as a team
- Continuing Professional Development
- Defensive preparation skills
- Footwork to attack the interception
- Contesting in the air
- Effective arm defence
- Vision to contest

Prices & Booking

1 Place **£185** 2 Places **£285**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



RUGBY

Coaching and Refereeing Age Grade Rugby (Under 9 to Under 12)

with Dan Cottrell

Thursday 2 October The Elms School, Worcestershire

Friday 7 November Cumnor House, Sussex

This is a specialist course for teachers in the prep sector, who are involved in coaching Age Grade Rugby from the introduction of contact skills, through to the Under 12 game. It will explain how these Rules develop at each age group, and the implications for refereeing school matches at various stages. There will also be a focus on coaching the game in the school setting, to enable players of all ages and abilities to overcome apprehension and learn to enjoy developing skill and evasion. It will also encourage teachers to be confident that they are delivering the game safely, with an emphasis on contemporary coaching of the new tackle laws, contact area and scrum.

- Understanding the developmental framework
- Clarifying the Rules at each age group
- Coaching core skills to young players
- Focusing on skill and evasion
- Building confidence in contact
- Addressing the safety issues: tackle, scrum and ruck
- Refereeing school matches to enhance continuity and enjoyment
- Establishing a positive match environment

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Dan Cottrell has been coaching rugby in schools, clubs, and at representative level for over 30 years. He is head coach of Bristol Schools U18s and performance coach at Bristol Grammar School. He is editor of Rugby Coach Weekly, which has been running since 2003 and has a worldwide following. Dan played first-class rugby for Bristol and Bath and was Director of Rugby at Cranleigh.

Find our online rugby programme on pages 24–25



Refereeing School Rugby

with Dan Cottrell

Thursday 13 November Cranleigh School, Surrey

Many teachers and coaches are required to officiate school matches, often in front of audiences of parents. Rugby is probably the most complex and demanding school game to referee. This course aims to support coaches of limited experience, and to build confidence that they can establish a safe environment, communicate positively and let the game flow.

Using an on-field environment and real-time situations, the course will cover the following key areas.

- Characteristics of successful referees
- The Laws: what you must know, might know and may know
- Dealing with common situations
- Effective communication, with players and parents
- Ensuring flow in the school game
- Understanding and applying materiality
- Managing a positive matchday environment

Prices & Booking

1 Place **£95** 2 Places **£149** 3 Places **£195**

Course runs 1pm – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



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Rugby Sevens Masterclass

with Mike Friday

Monday 2 February 2026 Reigate Grammar School, Surrey

This course is designed for experienced coaches of school Sevens who want to keep track of the latest trends in the international game. It includes detailed video analysis of top teams, focusing on what strategies are working right now and how these teams develop their playing styles. The course will cover modern tactics and training techniques, and show how these can be adapted to make school teams more successful.

- Understanding the shape of the modern game
- Building individual and team goals
- Fundamental skills: basics done well, under pressure
- Analysing varying styles of attacking play
- The significance of the first phase
- Coaching different defensive systems
- Training for Sevens success
- Tournament management

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Mike Friday was the Head Coach of USA Eagles for ten years from 2014 to 2024. This included three Olympic Games, most recently in Paris. During this time, they became a core team in the World Rugby Sevens Series, finishing 2nd in 2019. He had previously led England to victory in the Hong Kong sevens, Commonwealth Games silver medal and World Series second place. During his short tenure as Head Coach of Kenya, they achieved an unprecedented 5th place in the world and a World series final. He is described by 'The Guardian' as 'a professor of the shortened game'.



Beginners' Rugby Coaching and Refereeing (15-a-side)

with Dan Cottrell

Friday 10 October Bristol Grammar School

Thursday 16 October Wellington College Prep School, Berkshire

Coaching and refereeing school Rugby has become increasingly challenging in recent years, with a greater emphasis on safety. Research shows that effective coach education plays a key role in reducing injuries. This course is designed for teachers and coaches involved in delivering 15-a-side Rugby coaching and officiating matches and practices. It also offers a refresher for teachers updating their coaching methods in line with recently changed tackle laws. The course focuses on the practical aspects of organising a coaching session and introduces a variety of techniques and approaches to practise them effectively.

The emphasis is on modern techniques and simple, imaginative practices. The safety elements of coaching the scrum and contact area are included to give coaches confidence and protection from allegations of negligence. There will be a focus on the implications of changed tackle requirements.

The afternoon is devoted to refereeing the game at school level. This focuses not only on the basic laws, but also the practicalities for the school referee of creating a safe and even contest and using specific methods of communication to ensure that the match day experience is safe and enjoyable for all involved.

Coaching

- Understanding and coaching core skills
- Building the skill set for young players
- Implications of the new tackle law
- The contact area and ways to practise it
- Creating a basic backline
- Safe scrummaging

Refereeing

- Applying the law in school matches
- Ensuring safe procedures at scrum and ruck
- Refereeing the new tackle law
- Managing the game through communication
- When and why to blow the whistle – and when not to
- Coping with the mismatch
- Dealing with parents on the touchline

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



The landscape of school Rugby is changing. After several years in which the pressure on the game has grown, there is emerging an unprecedented climate of development, collaboration, consultation and support. As the recommendations of the Review of Schools' Rugby are implemented, access to specific, practical support is constantly developing. The organisations which lead the game are working together as never before to address challenges, find answers and consider the issues which schools face.

This event will provide updates on recent changes, and clarity on future directions and initiatives. These include a reinvention of the schools' direct governing body – England Rugby Schools (formerly ERSFU) – and re-consideration of the laws of the Age Grade Game. It will provide an opportunity for Heads of Rugby to ensure they are aware of new directions, and able to exploit the possibilities offered by developments. They will be able to advise their own Heads on the ways in which the game can be positive force in the school, and the methods by which emerging support can be accessed.

This Conference is presented in partnership with RFU, and includes contributions from some of its most senior staff. It also enjoys financial support, to enable a heavily discounted price, to make it accessible to more schools. It will also be held in the inspiring location of The Allianz Stadium's pitchside conferencing facilities, reflecting the significance of the event for leaders of the game in all types of schools.

National Conference for Heads of Rugby in Schools

Monday 17 November
at the Allianz Stadium, Twickenham

IN ASSOCIATION WITH



Programme

Plans, Ambitions and Changes in School Rugby

John Lawn, RFU Head of Game Development

RFU National Rugby Leadership Programme for Schools

Neil Rollings, ICE Education

Working with your Head to Strengthen School Rugby

Guy Ayling, HMC Sports Committee Rugby Lead, Headmaster, Mount Kelly

Making Rugby fit a Modern School: Building a Positive Culture

Steffan Griffiths, Headmaster, Norwich School

Lessons Through Rugby: What the Game can do for Young Players

Will Greenwood MBE, World Cup Winner

The Changing Role of England Rugby Schools (formerly ERSFU)

Including the future of competitions
ERS Executive Committee

Pathway and Culture Within England Rugby

Nigel Redman, RFU Head of Performance Team Development

Prices & Booking

1 delegate **£99** 2 delegates **£159**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.





National Conference for Heads of Rugby in Prep Schools

Tuesday 14 October
at the Allianz Stadium, Twickenham

DELIVERED IN PARTNERSHIP WITH



iaps

It is a time of uncertainty and change for Rugby in the prep schools' sector. The challenges for schools delivering the game, and winning the confidence of parents, can feel bigger than ever. However, there has never been a greater level of awareness and support for schools, amongst the organisations which support the game in schools.

This is a time in history when Rugby leaders have never worked more closely with the teachers and coaches who deliver the game to young people in schools. The opportunity to provide feedback, and influence future policies, is wider than ever. This Conference will welcome the voice of Heads of Rugby. Never has a greater level of training been available, most of it free at the point of delivery. As the recommendations of the Review of Schools' Rugby are implemented, access to specific, practical support is constantly emerging.

This Conference is presented in partnership with RFU, and includes contributions from its most senior staff. It also enjoys financial support, to enable a heavily discounted price, to make it accessible to more schools. It will also be held in the inspiring location of The Allianz Stadium's pitchside conferencing facilities, reflecting the significance of the event for leaders of the game in all types of schools within the prep sector.

Programme

The RFU and Prep Schools Rugby

Steve Grainger MBE, RFU Executive Director of Rugby Development

RFU National Rugby Leadership Programme for Schools

Neil Rollings, ICE Education

Shaping the Future of Rugby in IAPS Schools

Perran Gill, IAPS Sport Committee, Headmaster, Keble Prep School

Review of Rules of Play in the Age Grade Game

Mike Hart, RFU Schools and Colleges Manager

Rosslyn Park Sevens and the Prep Schools Competitions

Andy Higgins, Tournament Director, Rosslyn Park National Schools' Sevens

Strategies for Reducing Concussion in Prep School Rugby: A Changing Landscape

Dr Sam Barke, Head of Sports Medicine, Meliora Medical Group

T1 Rugby; the new Non-Contact Game

Chris Sigsworth, RFU Schools and Colleges Manager

Creating a Programme of Core Skills Development in Young Players

Martin Webdale, Head Coach, Loughborough University

Prices & Booking

1 Place **£95** 2 Places **£135**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



Umpiring School Hockey

with Matt Taylor

IN ASSOCIATION WITH



Tuesday 11 November Tudor Hall School, Oxfordshire

This theory course is designed for teachers and coaches who are responsible for umpiring school hockey matches at the U11 to U15 levels. It aims to build both a solid understanding of the rules and the practical skills needed to apply them effectively in a school environment.

Through the use of extensive video examples, participants will develop the confidence and competence to officiate matches with clarity and assurance.

- Basic rules, and how to apply them in a school context
- Maximising advantage
- Applying the foot rule
- Officiating the penalty corner
- Increasing continuity and enjoyment through communication
- Differences between 7 and 11-a-side school Hockey

Prices & Booking

1 Place **£95** 2 Places **£149** 3 Places **£195**

Course runs 1pm – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Matt Taylor is the Head Coach of Nottingham University, who are the current BUCS champions, having also won in 2014-15, 2021-22, 2022-23 and 2023-24. He was previously Head Coach of Beeston HC in the Men's Premier Division, winning three championships between 2010-2014. As a player Matt won seven Championship titles with Cannock HC.

Attacking to Score

with **Susannah Townsend MBE**

NEW

Friday 7 November Reed's School, Surrey

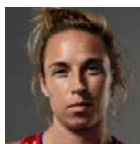
Through a combination of theory and practical coaching, this seminar focuses on the coaching fundamentals to develop an exciting and dynamic goal scoring attack. This course is designed for school coaches who are coaching higher ability players and are seeking to improve goal scoring through more effective attacking strategies. It will focus on methods to create a dominant attacking style of play with a goal scoring mindset.

- Developing midfielders control the tempo and drive momentum
- Building a structured defence supporting creative play
- Designing engaging, purposeful training sessions – deliver results
- Embedding strong team culture – clarity and connection
- Teaching players to think, adapt, and lead – real match scenarios

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Susannah Townsend, MBE is a former GB international with 188 caps across a 13-year career. She won a Gold Medal in the 2016 Rio Olympics and a Bronze at Tokyo in 2020. She has two Commonwealth Games medals and a Gold in European Championships. She is currently leading the Canterbury Ladies 1st XI in the England Hockey League and recently spent a season in the U.S. as Assistant Coach at Fairfield University, winning the league and becoming NEC Champions.



National Conference for Heads of Hockey in Schools

with **David Ames OLY**,
Mark Bateman, England Hockey
and **Rich Beer, England Hockey**

Thursday 20 November
at the **Leonardo Royal Hotel, Oxford**

Programme

Breaking Down the Low Block Defensive Zone

Mark Bateman, England Hockey

Coaching Trends in Junior International Hockey

Mark Bateman, England Hockey

Update on School Hockey

Rich Beer, New CEO England Hockey

Attacking and Defending the Penalty Corner

David Ames OLY, Former GB Captain

Discussion Forum – 'Pathway to Podium': Culture, Environments, Coaching Styles, Pathways

David Ames, Mark Bateman, Rich Beer

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



David Ames has recently retired from International Hockey after an outstanding career which included playing and captaining Great Britain, England and Ireland. A career that lasted over 20 years and included over 200 international caps. During this time, David was a three time Olympian, representing Great Britain in the Rio, Tokyo and Paris Olympics. David played Premier Division Men's Hockey for Beeston and Holcombe and won Player of the year in 2016.



Mark Bateman is the current England U18's Head Coach and Lead Talent Development Coach for England Hockey. Prior to this, Mark was the Assistant coach for England and GB senior teams as well as England U16's Head coach. In 2021 was appointed Head Coach of Beeston Men Hockey Cub. Mark is a qualified teacher and has been Head of Hockey within a number of independent schools.



Rich Beer will become the new Chief Executive Officer (CEO) of England Hockey in September 2025 after 12 years of being the Development Director. A role that will see Rich lead the development and Strategy of England Hockey and shape the future of hockey in the UK. Prior to this Rich was the Senior international Women's Team Manager for England and GB Hockey, a role he did for over 3 years.

Find our online hockey programme on pages 25–26

HOCKEY *continued***Hockey Coaching and Umpiring for Beginners**with **Matt Taylor**

IN ASSOCIATION WITH



Tuesday 14 October Prior's Field School, Surrey
Thursday 13 November Birkenhead School, Wirral
Thursday 15 January 2026 James Allen's Girls' School, London

This well-established course is designed for teachers who are either new to coaching and umpiring hockey or returning to the school game after a break. It offers a practical introduction to contemporary coaching methods, alongside key tactical insights for effective team play. Participants will gain the confidence to nurture individual player development while also preparing school teams for competitive matches. The course features ten structured training games, along with guidance on planning sessions for both 7-a-side and 11-a-side formats.

For those umpiring school matches, the course equips teachers with the knowledge and assurance to officiate school fixtures, particularly at younger age groups or beginner levels. It provides all the essential tools for novice coaches to make a meaningful impact in school hockey.

Coaching

- Understanding modern Hockey
- Making Hockey fun
- Basic practices for core skills
- Developing key technical skills for inexperienced hockey players
- Conditioned Games to enhance tactical understanding
- Develop the principles of the Self Pass
- Formations and Set Pieces for the 7 aside and 11 aside format of the game
- 5 structured session plans

Umpiring

- An overview of all significant rules
- Sympathetic officiating of lower age and ability levels
- Playing advantage in junior Hockey
- The differences between umpiring 7 aside and 11 aside format of the game
- Communicating with players and spectators

Prices & Booking1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
 Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.

**Coaching 7-a-side Hockey**with **Matt Taylor**

IN ASSOCIATION WITH



Thursday 9 October Royal Russell School, South London
Tuesday 20 January 2026 Cumnor House Sussex

The 7-a-side Hockey game, played at Under 13 and below, provides an introduction to the game for the most young players. This is the stage at which a sound foundation of basic skills and game understanding is established. Although many of the techniques are similar to the full game, the tactical implications of a smaller pitch demand an alternative approach. The abbreviated game also allows opportunities to introduce tactical dimensions that will continue into the 11 a side game, such as strategies for long corners, hits around the circle and the self pass.

- Developing core skills
- 1v1 elimination skills
- Passing on the reverse and the open stick
- Free Hits & Long Corner rules
- Outletting from 16-yard hits
- Penalty Corners attack and defence
- Making the most of the self pass
- Formations for the 7-a-side game
- Games based practices

Prices & Booking1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
 Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.

**National Prep Schools' Hockey Conference**with **David Ames OLY**
and **Susannah Townsend MBE**

Thursday 16 October
 at **Headington Rye School, Oxfordshire**

IN PARTNERSHIP WITH



David Ames has recently retired from International Hockey after an outstanding career which included playing and captaining Great Britain, England and Ireland. A career that lasted over 20 years and included over 200 international caps. During this time, David was a three time Olympian, representing Great Britain in the Rio, Tokyo and Paris Olympics. David played Premier Division Men's Hockey for Beeston and Holcombe and won Player of the year in 2016.



Susannah Townsend, MBE is a former GB international with 188 caps across a 13-year career. She won a Gold Medal in the 2016 Rio Olympics and a Bronze at Tokyo in 2020. She has two Commonwealth Games medals and a Gold in European Championships. She is currently leading the Canterbury Ladies 1st XI in the England Hockey League and recently spent a season in the U.S. as Assistant Coach at Fairfield University, winning the league and becoming NEC Champions.

Prices & Booking1 Place **£185** 2 Places **£285**

Conference runs 9.30am – 3.30pm. Prices include catering and resources.
 Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



Becoming a Successful Head of PE

with Will Swaites

IN ASSOCIATION WITH



NEW

Tuesday 16 June 2026 Guildford

This seminar is tailored for aspiring and recently appointed subject leaders in Physical Education. It is designed to provide the knowledge, strategies, and practical tools needed to lead effectively and deliver exceptional outcomes for students.

Grounded in current research, inspection frameworks, and subject-specific developments, the programme offers a clear vision of what high-quality practical PE looks like – key to ensuring consistent delivery and meeting the diverse needs of all learners.

Participants will explore a range of templates and case studies to support the design of coherent and purposeful learner pathways – moving beyond a simple 'basket of sports'. The seminar will also examine various qualification routes, including GCSE, A Level, and vocational options, and how these fit within a well-structured curriculum.

- Creating a clear vision for successful PE
- Clarifying the features of high-quality PE
- Understanding 'outstanding'
- Distinguishing PE from sport, games and broader education outcomes
- Leadership and management in successful PE departments
- Mapping out a sequenced learner journey appropriate to your context
- Using a theory of change model to plan for action and change
- Understanding examinations in PE and Sport
- Preparing for forthcoming changes to the National Curriculum for PE

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Find our online PE programme on pages 28–29



National Conference for Heads of Physical Education

Thursday 5 February 2026
at Leonardo Royal Hotel, Oxford

IN ASSOCIATION WITH



This annual event provides current and experienced Heads of PE with the opportunity to stay abreast of the rapidly changing landscape of the subject. With a new National Curriculum imminent, changing examination environment and new resources to be available through the Oak Project, developments in the ways in which schools of all types deliver PE are inevitable. The Conference will provide a framework for subject leaders to plan the future of the subject in their own environment. View the full programme online.

Prices & Booking

1 Place £225 2 Places £359

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



Will Swaites is Education Director at PE Scholar, providing training, consultancy and resources to support teachers in schools of all types. He has been involved in recent changes in the subject at national level, and is leader of the Oak Project. He leads the secondary PGCE programme at Birmingham City University, and was previously Head of Physical Education and Achievement for Youth Sport Trust

Inspiring Badminton Teaching and Coaching

with Gail Emms MBE

Tuesday 18 November Prior's Field School, Surrey

Badminton is a popular sport in schools, yet lessons can often feel repetitive and lack inspiration. This course is designed for teachers and coaches looking to refresh their approach with dynamic, up-to-date content. Led by Gail Emms, one of Britain's most accomplished Badminton players, the course explores the latest techniques and strategies, demonstrating how they can be effectively applied in a school setting. Engaging and adaptable practices are applicable to a wide range of schools, including those with limited facilities. The course also covers tactical elements of match play, for those involved in coaching school teams. All material is aligned with GCSE requirements, supporting students in achieving top-level outcomes.

- Modern Badminton techniques
- Defending and attacking strokes
- Skills and drills working on footwork
- Serving with purpose
- Utilising the whole court
- Small sided games and practices for large groups
- Double tactics and match play
- Up to date rules and tactics

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Gail Emms had a 13 year international career as a Badminton player, appearing for England 68 times. She was a double Olympian, winning a silver medal in Athens in 2004. She also won gold medals in World Championships, European Championships and Commonwealth Games, retiring from international Badminton after the Beijing Olympics. She was eleven times English National Champion, in mixed and ladies doubles, and was ranked Number One in the world in 2005. She was awarded the MBE for services to Badminton in 2009.



SWIMMING

Introducing Children to Swimming: From non swimmer to 25m

with **Lauren Paget**

Tuesday 4 November St Piran's School, Berkshire
Wednesday 29 April 2026 James Allen's Girls' School, London

This course is designed for teachers introducing children to swimming, supporting them from their first experience in the water through to developing full aquatic competence. Blending both practical and theoretical elements, the course equips teachers with the confidence to deliver effective, engaging, and meaningful lessons. Participants will gain the essential tools, knowledge, and techniques needed to become skilled swimming instructors, aligned with Swim England's latest best practice guidelines.

- Understanding Swim England's 'Learn to Swim' programme
- Fundamental movement skills to engage learners
- Strategies to overcome children's hesitancy
- Teaching core aquatic abilities
- Introducing basic swimming strokes
- Use of swimming equipment for enhanced teaching outcomes
- Master lesson planning techniques and effective pool communication skills
- Maintaining effective teaching practices throughout all stages of the 'Learn to Swim' Programme – progressive practices and activities

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Lauren Paget is a Technical Aquatic Manager within Swim England's Learn to Swim Team. She has over 20 years of experience in the aquatic sector ranging from practical experience of teaching swimming, to her current national role. She plays an integral part in shaping and supporting

Learn to Swim delivery across the country, and training the teachers and coaches who deliver this.



Joe Roebuck is a ten time British champion, holding both British and Commonwealth records. He won Silver Medals for the Individual Medley in the Commonwealth Games of both Delhi and Glasgow, and competed in three events in the 2012 London Olympics.



Coaching Swimming in Schools

with **Joe Roebuck OLY** and **Amy Smith OLY**

Monday 10 November City of London Freeman's School, Surrey

This course is designed for teachers delivering curriculum swimming lessons who are looking to refresh their subject knowledge and enhance the relevance, variety, and impact of their teaching.

The programme offers in-depth analysis of each stroke, including skill progressions and identification of common technical errors. Participants will develop a stronger understanding of effective technique, alongside strategies for fault diagnosis and targeted correction.

The course is equally valuable for school swimming team coaches aiming to refine their swimmers' technique and performance.

All sessions will be delivered jointly by Joe and Amy, combining live demonstrations with poolside explanation to create a dynamic and engaging learning experience

- Basic aquatic skills
- Technique of the major strokes
- Practices to ensure student progress
- Effective content for swimming lessons
- Analysing and correcting faults
- Improving starts (from poolside and blocks)
- Progressive teaching of turns and tumble turns
- Swimming in competition
- Benefits of swimming aids

Prices & Booking

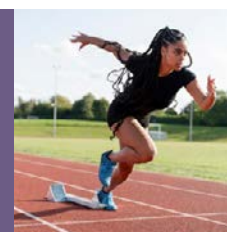
1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Amy Smith competed in the 2012 London Olympics in the 50m freestyle, and also in three Commonwealth Games, winning silver medals in each. She is European Championships Gold medalist and World Championships finalist.

Sports Scholarship Webinars



DESIGNED TO EDUCATE AND ASSIST YOUNG ASPIRING ATHLETES TO MAXIMISE THEIR POTENTIAL

Our Sports Scholarship programme is now in its fifth year and has already provided schools with 60 unique webinars on a variety of different but very relevant topics. Last year's programme was viewed by more than 6,000 sport scholarship students in the UK and abroad.

This year we are launching our full 2025–6 Sports Scholarship programme in September, to encourage schools to take advantage of our season ticket offer.

All sessions are pre-recorded and released on the dates indicated in the programme online.

Four webinars are released termly and are available to view for 14 days after release date, enabling schools to view the content as many times as required during that period, on unlimited devices. All sessions last roughly 45 minutes.

Price Per Term

One Term (4 webinars) **£325**
Booked last year? **£245**

Season Ticket Offer

All 3 terms (12 webinars) **£850**
Booked last year? **£700**

VIEW THE FULL PROGRAMME AND BOOK ONLINE AT
www.ice-education.co.uk/ssw

BASKETBALL

Introducing and Developing School Basketball

with Mark Jarram

Thursday 22 January 2026 Wellington College Prep School, Berkshire

This introductory course is designed to help teachers develop an understanding of Basketball, enabling them to deliver lessons and coach younger or less experienced teams with confidence. It is ideal for PE teachers who may not have a background in the sport, as well as those working with lower-ability school teams. The course offers a variety of fundamental skills, strategies, and practical approaches to develop young players effectively. Teachers will also be introduced to the key rules of the game and how to apply them clearly and confidently in a school environment.

- Introducing the game
- Developing the basic skills: footwork, dribbling and passing
- Shooting: lay-up, jump shot, free throw and improvised shots
- Skills, drills and practices
- Individual and team defence
- Game play ideas from 1v1 to 5v5
- Introduction to Rules and refereeing

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Mark Jarram is a professional Basketball coach of wide experience, and unrivalled success. He was Head Coach of the Loughborough University men's team for over ten years, and coached Leicester Riders in the British Basketball League. He has also worked with professional teams in USA and Europe. He has National Team experience coaching Great Britain U16s, U18s and U20s spanning five year period, attending multiple European Championships. He has been awarded Basketball 'Coach of the Year' three times



TENNIS



Coaching School Tennis

with Emma Wells

Thursday 12 March 2026 King's Park Sports Tennis Centre, Northampton

Thursday 30 April White Horse Tennis & Leisure Centre, Oxford

This course is suitable for teachers with little experience of delivering Tennis sessions, who wish to embrace new approaches to enliven sessions and improve student performance and engagement. It is also appropriate for PE teachers seeking to improve and modernise their lessons. Content will include details of modern techniques, imaginative practices as well as doubles tactics for school matches.

- Modern tennis techniques
- Practices, drills and games to improve performance
- Effective teaching of the serve
- Managing large groups
- Small sided games for tennis
- Advanced techniques for improving players
- Tactics and strategies for doubles play

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Emma Wells is the Head of Coach Education for Professional Tennis Registry of the UK: she is the first female to hold this international director position. As an experienced tutor and a trainer for the LTA and PTR, she has worked closely with the LTA in developing the 'Tennis For Kids' programme from 2015-18 as well as managing the implementation of other LTA initiatives.

ATHLETICS

Schools Athletics Masterclass

with Dean Macey

Friday 13 March 2026 Thames Valley Athletics Centre, Windsor

Friday 20 March English Institute of Sport, Sheffield

Friday 24 April Crystal Palace Sports Centre, London

Friday 1 May University of Bath Sports Training Village

Friday 8 May Bedford International Athletic Stadium

Ensuring Progress in Track and Field Athletics

Track and Field Athletics remains a staple in most schools and is among the most popular choices for GCSE practical assessment. Yet, students often struggle to make real progress in the more technical events. This course, led by Dean Macey – one of Britain's greatest-ever Decathletes – offers a fresh, inspiring approach to teaching athletics. Dean brings these events to life with engaging, high-impact coaching methods that boost both student enjoyment and performance. His expert insight, energetic delivery, and world-class demonstrations create an unforgettable learning experience. Ideal for teachers and coaches at all levels, the course provides valuable guidance for those delivering Athletics at both GCSE and A Level.

- Engaging warm up activities for young athletes
- Improving sprinting technique
- Effective sprint starts
- Teaching hurdle technique
- High Jump/Long Jump/ Triple Jump
- Developing throws: Shot, Discus, Javelin
- Analysing technique and diagnosis
- Fault identification and correction.
- Coaching for individual improvement
- Officiating school competitions

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Dean Macey was England's leading decathlete for a decade. His first major triumph was a silver medal at the 1999 World Championships, which helped him win BBC Young Sports Personality of the Year. The following year he was fourth in the Sydney Olympics and followed that with a World Championships Silver Medal. He was again fourth in the Athens Olympics, before winning a Gold Medal in the 2006 Commonwealth Games in Melbourne. He has a personal best of 8603 points.

| CRICKET

Cricket Coaching and Umpiring for Inexperienced Coaches

with Sam Rippington

Friday 20 March 2026 Cokethorpe School, Oxfordshire
Tuesday 24 March Wellington College Prep School, Berkshire
Thursday 23 April Cheadle Hulme School, Cheshire

Coaching school Cricket has changed considerably in recent years. Dull and overly-technical teaching is no longer relevant. The game has become faster moving, and techniques have evolved. This is a course for those who have little or no recent experience of playing or coaching the game, and for teachers wishing to modernise their approach. It will enable them to present an exciting game to children, and one in which everyone can achieve success. It is particularly suitable for those teaching both younger and lower ability pupils. The course provides all necessary technical information, but also illustrates how this can be delivered in an engaging way through exciting, fast-paced sessions. Practices to make the game accessible to all are combined with more advanced ways of stretching the more able. It will also enable teachers to officiate confidently in school matches and practices.

- Engaging session starters
- Active batting practices
- Fielding techniques and games
- Building the bowling action
- Bowling variety: introducing spin, swing and seam
- Developing modern batting shots
- Small-sided games for cricket practice
- Understanding basic cricket strategy
- Imaginative net and square practices
- A simple guide to the laws of the game
- Practical umpiring in schools

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Sam Rippington is the current Head Coach at Cambridge University and also the Performance Coach for Hertfordshire Cricket. He is a former first class cricketer who now coaches the game to both boys and girls of all abilities and age groups.



Cricket for Girls: Introduction to Soft Ball Cricket

with Lydia Greenway OBE

IN ASSOCIATION WITH

Lydia Greenway
CRICKET FOR GIRLS

Friday 24 April 2026 Tudor Hall School, Oxfordshire

Girls' cricket is rapidly becoming one of the most popular sports in schools, with many now making it the main focus of their summer term activities. As interest grows, more teachers than ever are stepping into roles as coaches and umpires. This course is designed specifically for those educators – both men and women – who are guiding beginners through the soft ball version of the game. Lydia Greenway's 'Cricket for Girls' programme is the longest-running course tailored for teachers new to coaching cricket in schools. No prior experience is needed – the course covers all essential skills, formats, and rules, equipping teachers to run dynamic, engaging sessions and prepare their teams for competitive school fixtures.

- Adopting an engaging and exciting approach to Cricket
- Introducing and developing batting shots
- Bowling straight and effectively
- Fielding and wicket keeping
- Understanding fielding positions and tactics
- Become more familiar with the terminology used in Cricket
- A range of fun and engaging drills for pupils to practice the skills
- Different types of games for varying ages and abilities
- Run a pairs cricket match
- Umpiring and scoring a school match

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Cricket for Girls: Making the Transition to Hard Ball

with Lydia Greenway OBE

IN ASSOCIATION WITH

Lydia Greenway
CRICKET FOR GIRLS

Monday 27 April 2026 Reed's School, Surrey

Once players have built a solid foundation of skill and confidence with the soft ball, the hard ball game becomes the next natural step for both boys and girls. In many schools, the most passionate girls are already playing in hard ball teams. This course will prepare teachers to guide the transition to the more traditional format of the game, helping players develop the abilities to bat, bowl, and field effectively in a hard ball environment. It will also provide a deeper understanding of the game's nuances, with technical drills designed to challenge and nurture more advanced players.

- The transition from soft to hard ball cricket
- Bowling the hard ball
- Batting shots and practices
- Progressive batting drills and techniques
- Introduction to protective equipment
- Fielding positions
- Field settings for different types of bowling
- Introduction to running between the wickets
- Teaching and coaching environments, including net practices
- Ensuring safety in a hard ball environment
- Managing and officiating a school match

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Lydia Greenway represented England during a career spanning 13 years with 225 appearances in all formats of the game. One of the most capped players to play for England. Lydia played an integral part in winning both the 50 over and T20 ICC World Cups in 2009. Lydia is also a five times Ashes winner. Lydia has built and developed 'Cricket for Girls' which specialises in supporting schools and clubs in the development of women and girls' cricket. She also coaches Mumbai Indians in the Womens Premier League and previously worked with the Sydney Sixers in the Big Bash. She continues to commentate on the game for both Sky and BBC.

British Gymnastics Courses for Teachers Introductory Level: Teaching Gymnastics to Key Stage Two (7–11 year olds)

with Gary Kirby

IN ASSOCIATION WITH
British Gymnastics
More than a sport

Wednesday 12 November Holme Grange School, Berkshire
Wednesday 18 March 2026 Guildford Spectrum, Surrey

This course is specifically designed for teachers working with children at Key Stage Two. It is a one-day practical workshop offering an introduction to teaching gymnastics. Certified by British Gymnastics as an Introductory Level qualification, it is considered the essential certification for teaching gymnastics in primary schools. It is suitable for teachers and teaching assistants with a QTS or formal qualification or individuals working towards these qualifications. The course is suitable for both specialist and non-specialist educators. For those with some gymnastics teaching experience, the 2-day Intermediate course is recommended.

- Introduction: Warm up and Shapes
- Connection Skills: stepping, spinning, jumps, turns, leaps and cartwheel
- Rolling Skills: log, egg, side, forward, backward, teddy bear
- Balance: points and patches, including headstand and handstand
- Hand apparatus: hoops, balls and ropes
- Partner Balances: working with partner and small groups

Prices & Booking

1 Place £225

Arrival for registration at 8.30am, course runs 9am – 3.30pm. Prices include catering and British Gymnastics resource pack and certificate. In the event of you needing to cancel a place on this course, please note we require 28 days' notice. Discounts do not apply to British Gymnastics courses.



British Gymnastics Courses for Teachers Intermediate Primary Level: Skills for Primary Schools

with Gary Kirby

IN ASSOCIATION WITH
British Gymnastics
More than a sport

Thursday 12 – Friday 13 February 2026 Guildford Spectrum, Surrey

This course qualifies individuals to teach gymnastics in a primary school environment. It is suitable for teachers and teaching assistants with a QTS or formal qualification, as well as those working towards these credentials. Participants will learn how to support students in fun floor skills, acrobatics, and rhythmic elements. The two-day course equips educators with the confidence to deliver high-quality gymnastics sessions during curriculum time and in after-school club settings.

- Floor skills
- Vaulting (basic)
- Acrobatic/rhythmic/aerobic gymnastics
- Develop the necessary skills required to teach set moves
- Give you the ability to incorporate apparatus and sequencing into lessons
- Understand and underpin good body management
- Teach you how to identify and remedy common faults
- How to set up a club (including school/club links)

Prices & Booking

2 day course £375

Arrival for registration at 8.30am, course runs 9am – 3.30pm. Prices include catering and British Gymnastics resource pack and certificate. In the event of you needing to cancel a place on this course, please note we require 28 days' notice. Discounts do not apply to British Gymnastics courses.



Gary Kirby was a GB international gymnast. He is an International Performance Coach, and has coached medallists in both Olympic Games and World Championships. He was appointed men's Technical Director at the 2002 Commonwealth Games, and was subsequently Gymnastics Development Officer for Liverpool. He is one of Britain's leading Gymnastics judges, having officiated at World and European Championships and two Commonwealth Games.

Find online gymnastics courses on page 27



British Gymnastics Courses for Teachers Intermediate Secondary Level: Skills for Secondary Schools

with Gary Kirby

IN ASSOCIATION WITH
British Gymnastics
More than a sport

Thursday 13 – Friday 14 November Sir William Perkins's School, Surrey

Thursday 19 – Friday 20 March 2026 Guildford Spectrum, Surrey

This course qualifies secondary teachers to teach gymnastics skills suitable for Key Stages 3 and 4. It focuses on developing basic movements into more advanced gymnastic skills on the floor and apparatus, with a strong emphasis on safe practice throughout. The course is ideal for teachers delivering gymnastics as part of the GCSE curriculum.

It is a two-day course accredited by British Gymnastics, open to teachers and teaching assistants who hold a QTS or formal qualification, as well as those working towards these qualifications. The course meets all Local Authority and Academy Chain requirements for teaching gymnastics. All sessions are led by British Gymnastics qualified and approved tutors and include the Governing Body's comprehensive resource pack.

- Basic floor skills (Part one)
- Basic floor skills (Part two)
- Flight (including rebound)
- Acrobatic gymnastics
- Partner/rhythmic gym
- General principles of support
- Develop the necessary skills required to teach set moves
- Develop the ability to incorporate apparatus and sequencing into lessons
- Help you to understand and underpin good body management
- Teach you how to identify and remedy common faults

Prices & Booking

2 day course £375

Arrival for registration at 8.30am, course runs 9am – 3.30pm. Prices include catering and British Gymnastics resource pack and certificate. In the event of you needing to cancel a place on this course, please note we require 28 days' notice. Discounts do not apply to British Gymnastics courses.



TRAMPOLINING

British Gymnastics Teachers' Trampoline Refresher Award

with John Beer

IN ASSOCIATION WITH



Thursday 12 February 2026 St Piran's School, Berkshire

This one-day course allows teachers to refresh the practical skills acquired during a British Gymnastics Teacher's Trampoline qualification. It is recommended by the NGB and insurers to be undertaken every three years. Participants will have already completed a British Gymnastics qualification in one of the following: Teachers' Trampoline Part 1 or Part 2, a Level 2 Trampoline Certificate, or a British Trampoline Federation qualification, and will be coaching or teaching in a school environment.

There will be refreshers on:

- Safety and Code of Practice including unfolding/folding trampolines
- Warm up
- Basic kipping technique
- Body landings
- Shaped and twisting jumps
- Basic combinations
- Half twist to and from body landings
- Swivel hips and roller
- Simple sequence construction
- British Gymnastics proficiency award scheme
- Mechanics
- Build up skills to forwards somersault including piked shape
- Build up work for backwards somersaults including piked and straight shapes
- Shaped body landings
- Aerial twisting
- Full twisting to and from body landings
- Cradle, cat twist and half turntable
- Competitions, routine construction and tariffing of skills

Prices & Booking

1 Place **£225**

Arrival for registration at 8.30am, course runs 9am – 3.30pm. Prices include catering and British Gymnastics resource pack and certificate. In the event of you needing to cancel a place on this course, please note we require 28 days' notice. Discounts do not apply to British Gymnastics courses.



British Gymnastics Teachers' Award for Trampolining Level One

with John Beer

IN ASSOCIATION WITH



Monday 3 – Tuesday 4 November Guildford Spectrum, Surrey
Tuesday 28 – Wednesday 29 April 2026 Guildford Spectrum, Surrey

The Trampolining Award is recognised as the industry standard qualification for teaching trampolining in schools. It is suitable for teachers with a QTS or formal qualification or individuals working towards these qualifications. A DfES number is required at registration. Completion of the Award is widely acknowledged as the qualification to teach trampolining skills in schools. Level One certifies teachers to safely handle trampolines and teach basic skills, up to, but excluding, somersaults. All courses are led by British Gymnastics qualified and approved tutors, and include certification along with the governing body's comprehensive resource pack.

- Safe handling of trampolines
- Safe coaching practices
- Principles of jump, rotation, twist and shape
- Jumping, stopping and shaped jumps
- Half and full twist
- Seat, hand and knees landings
- Twisting skills
- Half twist to front, back feet and seat landings
- Swivel hips
- Linking skills

Prices & Booking

2 day course **£375**

Arrival for registration at 8.30am, course runs 9am – 3.30pm. Prices include catering and British Gymnastics resource pack and certificate. In the event of you needing to cancel a place on this course, please note we require 28 days' notice. Discounts do not apply to British Gymnastics courses.



John Beer was an International trampolinist before taking up a coaching career which produced two World and European Individual & Synchronised Champions. He was formerly Technical Director of British Gymnastics, National Trampoline Coach, and Great Britain coach at three Olympic Games.



British Gymnastics Teachers' Award for Trampolining Level Two

with John Beer

IN ASSOCIATION WITH



Monday 17 – Tuesday 18 November at Guildford Spectrum, Surrey

The Part 2 course is only available to holders of the Part 1 Award. It includes more complex skills, notably various forms of somersaults. This Award is recognised as qualifying teachers to teach somersaults, and the moves required for both competitions and top GCSE practical grades. Suitable for teachers of Key Stages 3, 4 and 5.

- Revision of Safety and Code of Practice
- Build up skills to front somersault including piked shape
- Build up work for back somersaults including piked and straight shapes
- Shaped body landings
- Aerial twisting
- Full twisting to and from body landings
- Cradle, cat twist and half turntable
- Mechanics
- Competitions, routine construction and tariffing of skills

Prices & Booking

2 day course **£375**

Arrival for registration at 8.30am, course runs 9am – 3.30pm. Prices include catering and British Gymnastics resource pack and certificate. In the event of you needing to cancel a place on this course, please note we require 28 days' notice. Discounts do not apply to British Gymnastics courses.



Beginners Football Coaching

with Tony McCallum

NEW

Thursday 9 October Dulwich Prep & Senior School, London

This football coaching course is designed for inexperienced coaches in schools. This includes those coaching teams for the first time. It provides a solid foundation for teaching the game to young players. Participants will learn key coaching techniques, basic football skills, and how to deliver engaging sessions that promote teamwork, skill development, and enjoyment. Suitable for coaches of boys and girls, this course equips you with the essential tools to create a positive and effective football experience.

- Understanding the individual
- Developing learning environments
- Introducing a practice spectrum
- Practice design
- Delivering effective sessions
- Adapting to 7, 9 and 11-a-side formats
- Training to Game-transfer

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Tony McCallum holds the FA/UEFA A Licence and FA Advance Youth Coach qualifications. He is a UEFA A Licence Coach Educator. Alongside his role as Head of Football at Millfield School, Tony works in coach education and coach development with FIFA and UEFA. He spent 14 years at The Football Association in coach and player development and has worked in elite player pathways in both the male and female game.

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Intermediate Football Coaching

with Tony McCallum

NEW

Thursday 27 November Abingdon School, Oxford

The Intermediate workshop will provide teachers and coaches with opportunities to look at the implications of the changes to Youth football in England and the transitions from 9v9 to 11v11. A combination of theory and practical work will enable coaches to become familiar with the most contemporary methods of developing individual players and moulding them into effective teams.

- Understanding the practice spectrum
- Designing effective coaching sessions
- 11 v 11 Football
- Mastering an advanced skill set
- Position specific coaching
- Player-Unit-Team development
- Building successful school teams

Prices & Booking

1 Place £225 2 Places £359 3 Places £465

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Find our online goalkeeping webinar on page 33

National Conference for Heads of Football in Independent Schools

Monday 2 February 2026
at St. George's Park,
FA National Football Centre

IN ASSOCIATION WITH



Programme includes

ISFA Update

Ian Bent, Head of Football Operations,
Independent Schools' Football Association

Insight into the Mind and Body Connection for Performance: Human Development for the School Game

Sally Needham, Norway Women,
Human Development Brentford Football Club

The Future of Football in Schools

Kevin Knibbs, Headmaster Hampton School, Former CEO ISFA

Communicating with Teams on Match Day

Chris Martin, Minute9

Building Brilliance: Integrated Performance Support for the Modern Game

P3RFORM

Prices & Booking

1 Place £225 2 Places £359

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



SEMINAR PROGRAMME

Working with Your Head

with Sue Woodroffe

NEW

Tuesday 4 November Leonardo Royal Hotel, Oxford

Tuesday 24 February 2026 Birmingham

Tuesday 9 June Guildford

Sport plays a critical role in independent schools, never more so than in the current challenging times. Directors of Sport are often required to be magicians in every area, pulling competition successes out of the proverbial hat, managing complex situations with pupils, parents and colleagues, adding increasing amounts of wellbeing and widening participation to an ever-expanding programme. There is the additional challenge of operating a large budget that is continually under pressure. Managing expectations and creating the very best sporting environment for all requires the best working relationship with the Head. Hosted by one of the UK's most experienced independent school Heads, this seminar aims to provide a forum to discuss issues facing Directors of Sport today and to consider potential solutions to ensure that the sporting agenda plays its full and appropriate part in your school's strategic development plan.

- The role of sport within the wider school development planning cycle
- The sport and wellbeing development plan
- Making positive links across other areas of school life
- Working well with your Bursar
- Developing the best professional relationship with your Head

Prices & Booking1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Sue Woodroffe is an experienced Head, having been Principal of The Grammar School at Leeds until summer 2025, and previously at The British School of Brussels. She was Chair of HMC from 2023-24, Vice Chair from 2024-25 and currently works with several schools and organisations, in the UK and overseas, as a governor and/or educational consultant. In 2025, she was named TES Independent Headteacher of the Year.

Find the online seminar programme on pages 33–35

Educational Visits Co-ordinators Update Training

with Paul Bond

Thursday 13 November Leonardo Royal Hotel, Oxford

This course is based on the National Guidance provided by the Outdoor Education Advisers' Panel (OEAP), by whom it is certificated.

Learning outside the classroom has always been an important component of education. The EVC's role is to help the school fulfil its Health and Safety obligations for off-site school visits by being involved in the planning and management of all educational visits. Safety management practice and procedures are ever-changing. The issues faced by School EVCs change over time and, although EVC training does not formally lapse, it is recommended good practice for EVCs to revalidate their award by attending update training. Many organisations include a three-year requirement for EVC revalidation. All OEAP Trainer delivered courses are inclusive of certification fees.

- Safeguarding issues on educational visits
- Trips in a climate of heightened security and Health & Wellbeing concerns
- Appropriate risk management procedures
- Homestays
- School policy documents
- Travel post Brexit
- Review of contemporary resources from DfE, HSE, DofE, AALS and other recent publications
- Learning outcomes from recent incidents
- What the papers say!
- Inclusion/exclusion of pupils on visits, inc Equalities Act
- Quality badges and selecting providers
- Training and monitoring of staff & visits
- Online approval systems
- Provision of high-quality outdoor education
- Scenarios and solutions
- Mini buses and other transport matters

Prices & Booking1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.

**National Conference for Educational Visits Co-ordinators**Tuesday 10 February 2026
Leonardo Royal Hotel, Oxford

This is an annual event, intended to update and inform EVCs of developments in the area, changes in compliance and learnings from events, case studies and legal experience over the last year. Leading figures in the sector will present practical advice relevant to schools, to enable delegates to be confident that they are adopting current best practice within a rapidly-changing landscape.

Programme**Lessons from recent Health and Safety prosecutions**

Leanne Conisbee, HCR Law

PALOEES Forum, Launch of your powerful Communications Tool for EVC's & Outdoor Educators

Jake Wiid, Evolve Advice

EES is Coming: Prepare for new Schengen Entry Requirements, Review of the Dover Coach Scheme and other Travel Advice

Paul Bond

Selecting External Providers and Contractors

Claire Mulligan, Kennedys Law

National Governing Body Awards Update

Plenary Session Speaker Panel

Prices & Booking1 Place **£199** 2 Places **£299**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



Paul Bond is an accredited trainer for the Royal Geographical Society's Educational Visits Coordinator training. He has been a board member and Regional Chair of London & South East Region of the Outdoor Education Advisers Panel, and is a Fellow of the Royal Geographical Association. He has over 40 years experience in the statutory and voluntary sector in outdoor education and adventure together with a range of National Health and Safety Awards.

Seminar for Co-Curricular Deputy Heads

with Richard Biggs

Friday 27 February 2026 Birmingham
Monday 8 June Reading

This seminar is designed to support newly appointed Co-Curricular Deputy or Assistant Heads, as well as teachers considering applying for these roles. As these positions are relatively new in many schools, priorities and operational processes are still being developed. The course will explore the objectives of the role and how success can be measured. It will also cover effective strategies for pursuing and quality-controlling priorities across the school, addressing common challenges, and enhancing communication and people management skills essential for success.

- The place of the Co-curriculum in an era of political threat
- The role of the head of Co-curricular activity
- Defining the Co-Curricular programme
- Working with the Head and other school leaders
- What is left when it is all over?
- Agreeing the success criteria
- Programme content and management
- Establishing aims and objectives
- Leadership and administration
- Managing the managers
- Leading parental engagement
- Staff recruitment
- Communication pathways and programme promotion
- Establishing priorities and refereeing the clashes
- Participation vs High performance
- Meritocracy v Democracy: the place of inclusiveness

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Richard Biggs was Headmaster of King's College, Taunton for 15 years, having previously been Deputy Head at Lancing. He is a graduate of Oxford and Cape Town Universities, and a firm believer in the value of team games and sports in schools. He coached Hockey and tennis teams throughout his career in schools, including as a Head, and was extensively involved in school music.

Developing and Managing a Sports Scholarship Programme

with Paul Askew

Monday 10 November Leonardo Royal Hotel, Oxford
Thursday 26 February 2026 Guildford

The role of Sports Awards has evolved significantly in recent years, and given the shifting political landscape, this trend is likely to continue. While most schools now have some form of Sports Awards programme, their effectiveness can vary greatly, with many unsure of their objectives. As the most talented pupils are in high demand and often considering multiple schools, there has been a shift away from simple fee discounting toward supporting and developing elite performers. This seminar examines the entire process of building an effective programme, from attracting applicants through to maximising the contributions of Award holders once they join the school.

This seminar is intended for schools who currently operate an Award programme, but wish to improve its impact – as well as those seeking to establish one for the first time.

- What is the purpose of Sports Awards?
- Advantages and disadvantages
- What are you offering?
- How important is money?
- Promoting your awards
- Finding candidates: beating the competition
- How many candidates should you have?
- Generating publicity materials
- Communicating with parents
- Running the selection process
- What does science say about Talent Identification?
- Managing disappointment
- Optimising contribution and developing award holders
- The Award programme in the school

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Paul Askew was Director of Sport in two schools for a total of 30 years. Whilst at Clifton College, he developed an innovative Sports Scholarship programme which attracted pupils from a wide catchment area, and contributed to a significant rise in competitive standards. He spent the final few years of his career working in Admissions and prep school liaison.



Conference for Co-Curricular Leaders

Wednesday 26 November
at Hilton London Olympia, Kensington

This long-established national event brings together leaders of the Co-Curriculum from schools around the country. At a time when these activities are an important point of difference for the independent sector, this event will address issues relevant to all schools, including the staffing of the programme and assumptions of teachers. National leaders of different programme areas will provide insights into new initiatives, directions and possibilities

Prices & Booking

1 Place **£225** 2 Places **£359**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



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SEMINAR PROGRAMME *continued***The Director of Sport in a Prep School****with Chris Dossett, PADSIS Chairman**

Tuesday 18 November Hilton London Olympia, Kensington
 Thursday 11 June Birmingham

Sport in the prep sector comes with its own distinct set of challenges. This seminar is tailored for teachers currently leading sport in prep schools, as well as those aspiring to take on these roles. Balancing the demands for both inclusivity and competitive success, the Director of Sport often faces significant hurdles in designing a programme that meets all expectations. With parental involvement and limited resources, these challenges can be even more complex. The course will explore the practical issues unique to prep school sport and offer potential strategies and solutions.

- Creating an effective vision and strategy for sport in your school
- Understanding the evolving role and responsibilities of the Director of Sport
- Balancing performance, participation and pupil wellbeing
- How sport contributes to whole-school aims, values and identity
- Developing a broad, inclusive and progressive sports curriculum
- Identifying what "success" looks like in a sports programme
- Tackling the challenge of fixture congestion and seasonal imbalance
- Managing parental expectations and building positive relationships
- Making the most of limited facilities, staff and curriculum time
- Planning for continuity and transition into senior school sport
- Using sport to promote character, confidence and leadership
- Addressing gender balance and opportunities for all pupils
- Ensuring that the programme supports both early and late maturing pupils
- Case studies and good practice in other leading prep schools

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
 Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.

**Managing Staff in School Sport****with Neil Rollings**

Tuesday 23 June 2026 Leonardo Royal Hotel, Oxford

This is a seminar for Directors of Sport, Co-Curricular deputies and others whose responsibility includes managing, training and appraising staff who deliver sports coaching. It will focus on establishing a sustainable workforce that matches the requirements of the programme and is able to deliver consistent pupil outcomes. The day will also focus on managing some of the issues that the school sport sector is facing in staffing its programmes.

- Establishing the staffing requirements of the programme
- Building the right workforce mix for your environment
- Creating a staff culture
- Leading through 360 degrees
- The place of the peripheral workforce
- Graduate assistants and peripatetic coaches
- Specialists v generalists
- Rewarding co-curricular sport contribution
- Challenges of school teams
- Challenges in addition to school teams
- Managing Saturday sport
- Induction, accountability and appraisal
- Future-proofing school sport

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
 Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Chris Dossett is the current Chair of the Professional Association of Directors of Sport in Independent Schools (PADSIS), working with schools across the country to stimulate modern, integrated sports programmes. He has over thirty years teaching experience, including Director of Sport posts at Pangbourne College, The Portsmouth Grammar School, Uppingham and Solihull.

The Director of Sport in an Independent School**with Neil Rollings**

Thursday 27 November Leonardo Royal Hotel, Oxford
 Tuesday 16 June 2026 Guildford

This well-established seminar, has been attended by over 500 professionals globally. It is designed for newly appointed, or inexperienced, Directors of Sport, as well as those planning to apply for these roles in the near future. The seminar focuses on the evolving landscape of school sport, examining how these changes have influenced the role and what schools now expect from their appointments. It aims to clarify the success criteria for the position, explores the leadership skills necessary to meet these goals, and addresses contemporary issues in the field, offering strategies for managing them moving forward.

- Why does a school need a Director of Sport?
- Becoming a 360 degree leader
- Leadership, management and administration
- Establishing aims and goals
- Building structures and systems
- Satisfying parental expectations
- Improving communications
- Dealing with difficult colleagues
- Working with your head
- Creating the games programme
- Participation v performance
- Choice v compulsion
- Quality and equality
- Building a culture of Health and Fitness

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources.
 Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Neil Rollings was Director of Sport in four independent schools, over a 21-year career, and an Independent Schools Inspector. He is leader of the RFU Schools' Project, contributor to the Government Task Force on the Future of PE and member of the All-Party Parliamentary Group on a Fit and Healthy Childhood. He was Chairman of the Professional Association of Directors of Sport in Independent Schools for 15 years, and is Course Director of the University of Buckingham MA programme in Leading School Sport.



The Edge of Sports Leadership: The Emerging Shift Sport Needs

with Rick Cooper

Thursday 12 February 2026 Leonardo Royal Hotel, Oxford

This seminar is designed for Directors of Sport in independent schools who are aiming to enhance their leadership capacity, and build strong and effective staff teams. Through building an environment of belonging and safety, aligned with strong vision and purpose, leaders are able to get more from their teachers and coaches. This will be an opportunity to refine leadership approach and innovate sports departments to lead the sector.

- Build stronger connections between staff for a more unified culture of belonging.
- Understand and harness the ultimate performance blocker: Fear
- Lead with courage and conviction that aligns to a vision of sporting excellence
- Enhance leadership strategies that inspire long-term success both on and off the field

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



Rick Cooper is a leadership and performance coach with over 20 years' experience. He has worked with independent schools in the UK and Ireland, as well as organisations and individuals at: St Helens RL, Harlequins RUFC, Manly Sea Eagles (Australia), Royal London Asset Management and MACE Group. His experience has shaped his understanding of leadership, emotional intelligence, and the psychology of performance.

The Importance of Self-Awareness in Leadership

with David Faulkner MBE

Monday 24 November Hilton London Olympia, Kensington

Over 70% of Directors of Sport say that leadership is the dimension of their role they would most like to improve. It is also the area in which they have had least training and support. This course aims to address this issue, providing an understanding of leadership, and how this can be applied practically in a school sport situation. David Faulkner exploits his unique combination of experience in performance sport, organisational leadership and as a school Director of Sport. He will deliver the skills and approaches that will enable Directors of Sport, and other sports leaders, to thrive in a school setting.

- Challenges for school sport leaders
- The People Dimension Principles: Self-Awareness, People Acuity, Agility and Self-management
- Understanding your behaviour style and the impact you have on others
- Understanding how others see you
- Coaching and leading the different styles
- Relevant case studies from business, education and sport
- Four Hats everyone wears day to day
- Managing upwards: the 360 degree leader
- How to get the best out of each other
- The shape of future leadership in schools
- Adapting to, and communicating with, stakeholders with different styles

Prices & Booking

1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.



David Faulkner is an ex Olympic Gold medallist GB hockey player and was Head of Performance – Women's Professional Game and Para at The Football Association. Previously he was Director of Sport at Millfield School between and prior to that Performance Director at England Hockey. David was awarded an MBE for services to Sport in June 2021 and is currently a non-executive Director of Hampshire Cricket. He specialises in people and team development across business, education and sport, covering leadership, cultural development, behaviour and high performing teams.



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SEMINAR PROGRAMME *continued***The Head of Cricket in an independent School**

with Neil Rollings

Tuesday 3 February 2026 Guildford

The expectations of the Head of Cricket have changed considerably over the last generation. Although the game faces considerably pressures, many of them new, it continues to thrive in environments in which it is well-run. Although numbers participating continue to decline on average, some schools have more players than ever, and greater enthusiasm for the game.

This seminar is intended for current, and aspiring, Heads of Cricket, who seek to build programmes which can continue to thrive in an era of changing expectations. It will consider the threats faced by the game, with potential responses, and examine the characteristics of successful Cricket provision in the modern age.

- Adapting to the contemporary landscape of school Cricket
- Inspiring a love of the game
- Cricket within the Games Programme
- Fitting Cricket into the unique environment of each school
- Managing upwards: working with Head and SLT
- Inter-school fixtures and competitions
- Game formats
- Creative ways of teaching and coaching
- Collaborating with outside agencies
- Supporting the best players
- Accommodating exam pressures
- Managing a coaching programme
- Accommodating inclusivity
- Co-educational Cricket provision
- Future-proofing in an uncertain era
- What will it look like in the future?

Prices & Booking1 Place **£225** 2 Places **£359** 3 Places **£465**

Course runs 10am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a course, we require 14 days' notice.

**Conference for Leaders of School Sport in Scotland**Thursday 25 September
The Glasgow Academy

IN ASSOCIATION WITH

padsis
Partnership for the Advancement of School Sport in Scotland
 Director of Sport in Independent Schools

Programme**Defining Excellence in Leadership: Reflections on School Visits**

Chris Dossett, PADSIS Chair

Compassion as a Competitive Advantage: Trust, Feedback and Performance

Dave Morris, St Andrew's University

Building Better Movers: Embedding Athletic Development in School Sport

Joel Brannigan, The UK Strength & Conditioning Association

Beyond the Playing Field: How Physical Activity Shapes Health and Learning

Dr Mairead Ryan, School Health Pulse

Seminar Session OneEITHER **Netball for Success**

Carol Harvey, Netball Scotland

OR **Growing the Game:**

Rugby's Role in Developing Young People
 Neil Graham, Head of Regional Pathways & Game Development, Scottish Rugby

Seminar Session TwoEITHER **How to Plan a Brilliant Sports Tour**
Edwin DoranOR **What New Research Reveals about the Impact of Kit on Keeping Girls Active**
LimitlessOR **Taking the Risk Out of Risk Assessment: Support for Directors of Sport**
Citation**Prices & Booking**1 Place **£199** 2 Places **£299**

Conference runs 9.30am – 3.30pm. Prices include catering and resources. Please note in the event of you needing to cancel a place on a conference, we require 14 days' notice.



NETBALL

Netball – The Defensive End

with Tamsin Greenway MBE

7pm – 8.30pm, Wednesday 21 January 2026

This webinar is dedicated entirely to the defensive aspects of Netball. It will break down the complexities of both individual and team defence seen at the elite level, and show how these concepts can be adapted for school Netball. The session will feature detailed video analysis and interactive discussions, offering practical ideas for planning effective defensive training. It will also explore how defensive strategies can be adjusted to suit different age groups and ability levels within the school setting.

- Focusing on the end third
- Common defensive structures
- Individual skills and movements
- Making individual players more effective
- Ensuring that the unit works together
- Creating turnover ball
- Discussions: effective defence and the fundamentals needed

Prices & BookingIndividual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
 School subscription allows up to 5 members of staff.
 Recording available for 48 hours



Tamsin Greenway is the current Director of Netball at Super League franchise, London Mavericks. She was previously head coach of the Scotland National Netball team, leading the team at the 2023 World Cup. In a distinguished playing career, she was a member of the England teams that won bronze medals at the 2010 Commonwealth Games and at the 2011 and 2015 Netball World Cups. Between 2006 and 2018 she played in eight Netball Super League grand finals for three different teams. During this time she won six Netball Super League titles as a player and/or coach.



Umpiring School Netball with Karen Greig

7pm – 8.30pm, Wednesday 8 October
7pm – 8.30pm, Monday 3 November
7pm – 8.30pm, Wednesday 14 January 2026

Many teachers are expected to officiate school matches across a range of ages and skill levels. This webinar is designed to boost their confidence and ensure they can umpire safely and effectively. It will cover recent rule updates along with key rules commonly applied in school matches.

- Understanding the principal rules and penalties
- Using the whistle
- Signalling / Communication and positioning
- Pre-Game and keeping score
- Effective Umpiring at school level
- Ensuring a flowing game
- Interpreting difficult situations

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Karen Greig is the current Head Coach and Franchise Director of Manchester Thunder. She has led the team to multiple Superleague titles, and was the 2018 and 2022 Superleague 'Coach of the Year'. She is a former captain and Superleague winner with the same team, also achieving 31 England caps as a Goal Shooter. Karen was Assistant Coach of the full England team during the 2015 World Cup in Australia, and was Head Coach of England Under 21. She has also been a commentator with Sky Sports.

Achieving High Performance with Simplicity and Process

NEW

with Stacey Marinkovich

7pm – 8.30pm, Wednesday 19 November

This online Zoom webinar is for netball coaches who are coaching at u17s level and want to expand their knowledge to gain success both on and off the court of play. By using video analysis and discussion, this course will highlight some simple, proven and effective ways to create a strong and purposeful culture to help grow player development. This course will also cover and simplify drills for all players to maximise player potential.

Off court

- Foundation to Opportunity – building systems for sustained success regardless the resources or funding
- Connection, cohesion and player development
- Holistic program with a growth mind-set
- Individual and team performance – better the individual to achieve shared ownership

On Court

- Learning environments and drill manipulation for different levels of player capability, including:
- Shooters – Variation in options whilst playing to strengths
- Defenders – What is the purpose – Ball, Player or Mate
- Midcourt – Tempo – ability to play the moment.

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Coaching Skills and Strategies for Netball

with Tamsin Greenway MBE

7pm – 8.30pm, Wednesday 26 November
7pm – 8.30pm, Wednesday 4 February 2026

This course is aimed at teachers with some experience in coaching Netball who want to integrate current attacking and defensive skills and strategies into their sessions. It is especially relevant for those coaching players aged Under 12 to Under 18. A variety of innovative drills and practices will be demonstrated through video, allowing teachers to approach their coaching feeling confident that their sessions will be exciting and effective.

- Fundamental attacking and defensive skills and movements
- Attacking principles in all positions
- Understanding attacking play and consistency in the end third
- Defensive themes in all positions
- Common defensive structures exploring how the unit works together to create

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Stacey Marinkovich is a former netball player and the current Head Coach of Australian Origin Diamonds. At the recent 2022 Birmingham Commonwealth Games, Stacey coached the Diamonds to a Gold medal and then backed up the performance in 2023 to win the World Cup. Stacey and the Diamonds continued their success to finish the 2023 season with a full Trophy Cabinet, an achievement that continues to see the Diamonds at World Number one.



Match Day Coaching with Chelsea Pitman

NEW

7pm – 8.30pm, Wednesday 12 November

This webinar is designed for Netball coaches at all levels who seek to improve their match day coaching, and ensure that they are embracing the most contemporary and effective approaches. From pre-game prep to post-match reflections, school coaches can learn from best practice in the elite game to ensure that they can lead their teams with clarity, confidence and consistency.

- Delivering clear and motivating team talks – before, during and after the game
- Building game plans that suit your team – and your opposition
- Managing 'what if' situations – injuries, momentum shifts, umpire calls
- Making the big decisions – substitutions and changes
- Creating a consistent coaching presence your team can trust and understand

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Chelsea Pitman is the current Head Coach for Super League team, Nottingham Forest. She's a former international Netballer with a distinguished career representing Australia and England. Her achievements include a Gold Medal at the 2011 World Netball Championships and another at the 2018 Commonwealth games. Known for her leadership, versatility and high-performance mindset, Chelsea played across top domestic leagues, being a part of multiple Premiership winning teams.

RUGBY



Beginners Rugby Coaching with Dan Cottrell

7.30pm – 9pm, Tuesday 7 October

This course is designed for teachers who are new to coaching rugby and officiating matches or training sessions. It also serves as a useful refresher for those looking to update their approach. The course focuses on the practical aspects of planning and running effective coaching sessions, introducing a variety of techniques and engaging practice methods. Emphasis is placed on modern coaching strategies and straightforward, creative activities. It will also cover key laws of the game and offer guidance for school referees on managing the matchday environment effectively.

COACHING

- Understanding and coaching core skills
- Building the skill set for young players
- The contact area and ways to practise it
- Safe scrummaging
- Designing practices quickly that match your needs and your team's needs
- Engaging players of all abilities in the session

REFEREEING

- Applying the law in school matches
- Ensuring safe procedures at scrum and ruck
- Managing the game through communication
- When and why to blow the whistle – and when not to

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7.30pm to 9pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Coaching and Refereeing Age Grade Rugby: Under 9 to under 12

with Dan Cottrell

7.30pm – 9pm, Wednesday 15 October

This specialist course is tailored for prep school teachers involved in coaching Rugby within the developmental framework of rules (formerly the New Rules of Play). It will explore how the rules progress through each age group and what this means for refereeing at different stages. The course also focuses on coaching Rugby in a school environment, helping players of all ages and abilities build confidence, develop key skills, and enjoy the game. Teachers will be equipped to coach safely and effectively, with particular attention given to current approaches to the tackle, contact area, and scrum.

- Understanding the developmental framework
- Clarifying the Rules at each age group
- Coaching core skills to young players
- Focusing on skill and evasion
- Building confidence in contact
- Addressing the safety issues: tackle, scrum and ruck
- Refereeing school matches to enhance continuity and enjoyment
- When and why to blow the whistle – and when not to
- Establishing a positive match environment

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7.30pm to 9pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



National Conference for Heads of Rugby in Prep Schools

SEE PAGE 8



Refereeing School Rugby with Dan Cottrell

7.30pm – 9pm, Tuesday 30 September

Many teachers and coaches are called upon to referee school Rugby matches, often under the watchful eyes of parents. As one of the most complex and demanding school sports to officiate, Rugby presents unique challenges. This course is designed to support those with limited refereeing experience, helping them build confidence in creating a safe environment, communicating clearly, and allowing the game to flow.

- Characteristics of successful referees
- The Laws: what you must know, might know and may know
- Dealing with common situations
- Effective communication, with players and parents
- Ensuring flow in the school game
- Understanding and applying materiality
- Managing a positive matchday environment

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7.30pm to 9pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Dan Cottrell has been coaching rugby in schools, clubs, and at representative level for over 30 years. He is head coach of Bristol Schools U18s, performance coach at Bristol Grammar School and a World Rugby coaching and development consultant. He is editor of Rugby Coach Weekly, which has been running since 2003 and has a worldwide following. Dan played first-class rugby for Bristol and Bath and was director of rugby at Cranleigh.

A Dictionary of Skill Drills for School Rugby Coaches

with Dan Cottrell

7.30pm – 9pm, Wednesday 12 November

All coaches need a repertoire of new practices to keep their players challenged and interested. This course will provide an extensive range of video-illustrated skill drills to enable school Rugby coaches to ensure their sessions are exciting, contemporary and safe. From simple techniques to game-related skills and pressure practices, all areas of the game will be covered to provide coaches of all levels of experience with a season's worth of practice content.

- Tackling and being tackled
- The contact area
- Handling
- Decision-making
- Attacking options
- Foundations of defence
- When and why to blow the whistle – and when not to

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7.30pm to 9pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



National Conference for Heads of Rugby in Schools

Monday 17 November

SEE PAGE 7

Contemporary Sevens for School Coaches

with Tom Mitchell,
former GB captain

7pm – 8.30pm, Monday 26 January 2026

This session is designed for experienced school Sevens coaches looking to stay current with the latest strategies used at the international level. Using video analysis and guided discussion, the webinar will offer insights into building an effective school Rugby 7s programme, with a focus on player development and team tactics. Drawing on top-level experience, Tom will cover all the key aspects of the game to help coaches prepare thoroughly for the upcoming season.

- Attack – different styles and skills
- Defence – different styles and the role of sweeper
- Set-piece – kick off, scrum, lineout, penalties
- Getting players tournament ready
- Managing tournament day

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Tom Mitchell is an England and Great Britain Sevens legend. He made his England Sevens debut in 2012 and was the leading points scorer the following season and nominated for World Sevens Player of the Year in 2014. In 2016 he captained Great Britain to a Olympic silver medal in Rio and a Bronze medal at the 2018 Gold Coast Commonwealth Games.



Attack from Set Piece – Strike to Score

with Martin Webdale

7pm – 8.30pm, Thursday 20 November

This webinar will explore how to coach and develop an effective, try-scoring attacking set piece. Using video analysis, Martin will examine how professional teams are currently creating tries from set piece situations and explain how these patterns can be adapted and applied across various coaching environments.

- How to score from set piece
- Creating pressure from set piece dominance
- Attacking scrums
- Attacking line-outs
- Kick return – the third set piece

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Martin Webdale is currently Head of Men's Rugby Coach at Loughborough University and Elite Sport Manager at Loughborough College. Previous to this, he was Head Coach at Hull RUFC and Director of Sport at Hill House School.

Find face to face rugby courses on pages 6–8

Hockey Coaching for Beginners

with Matt Taylor

7pm – 8.30pm, Thursday 9 October
7pm – 8.30pm, Thursday 13 November
7pm – 8.30pm, Tuesday 13 January 2026

This course is designed for teachers new to coaching Hockey in schools. It covers fundamental skills and strategies for both the 7-a-side (Intro) Hockey and the full 11-a-side game. Participants will be introduced to coaching techniques focused on individual player development, alongside tactical approaches to building a strong team. With extensive video examples, this course will equip novice coaches with the knowledge and confidence to deliver safe, engaging sessions and effectively manage lower-ability school teams.

- Basic hockey skills
- Core skill development practices
- Progressing to more advanced skills
- Developing an understanding of team play through games
- Developing the principles of the self-pass
- 20 fun-based training drills to develop both attacking and defending techniques
- Coaching a school team

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



National Conference for Heads of Hockey in Schools

Thursday 20 November

SEE PAGE 10



A Dictionary of Effective Drills for Hockey

with Matt Taylor

7pm – 8.30pm, Tuesday 7 October

Coaches need to constantly refresh their repertoire of practices, and be confident that these are both effective and contemporary. This course looks at the most effective drills for introducing core and skills and building these into more advanced techniques. It will also introduce tactical considerations through drills that younger players can develop all areas of the game.

- Static and Active Receipts
- Passing on the Open and Reverse Stick
- Elimination; Both on the floor and in the air (3d)
- Effective Ball Carry
- Eliminations; On the receipt
- 20 fun-based training drills to develop both attacking and defending techniques
- Coaching a school team

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Matt Taylor is the current head coach of Nottingham University, who won the BUCS championships in 2014-15, 2021-22, 2022-23 and 2023-24. He was previously head coach of Beeston HC in the Men's Premier Division, winning three championships between 2010-2014. As a player Matt won seven Championship titles with Cannock HC.

HOCKEY *continued*



Umpiring School Hockey

with Matt Taylor

7pm – 8.30pm, Thursday 2 October
7pm – 8.30pm, Tuesday 18 November
7pm – 8.30pm, Thursday 29 January 2026

This course is designed for teachers and coaches required to umpire school games for U11 to U15 age groups. It aims to equip them with a solid understanding of the rules and their practical application within a school context. Through extensive video demonstrations, participants will build confidence in their ability to officiate matches effectively.

- Basic rules, and how to apply them in a school context
- Maximising advantage
- Applying the foot rule
- Officiating the penalty corner
- Increasing continuity and enjoyment through communication
- Differences between 7 and 11-a-side school Hockey

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Coaching 7-a-side Hockey

with Matt Taylor

7pm – 8.30pm, Thursday 20 November

Hockey for Under 13s and younger is played 7-a-side, making this a key stage for building a strong foundation in basic skills and game awareness. While many techniques mirror those of the full game, the smaller pitch size requires a different tactical approach. This shortened format also offers a chance to introduce important tactical elements from the full game, including strategies for long corners, hits around the circle, and the self-pass.

- Developing technical skill and tactical understanding
- Core Skills for the Modern Game: developing skills for the reverse stick
- Free Hits and Long Corner strategies
- Effective Out-letting to combat the oppositions press
- Pressing: How to win and where to win the ball to optimise the chance of scoring
- Goal Scoring
- Formations and roles in the 7-a-side game

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



National Prep Schools' Hockey Conference

Thursday 16 October

IN ASSOCIATION WITH
iaps

SEE PAGE 10

Developing an Attacking Style of Play with a Goal Scoring Mindset

with Susannah Townsend MBE

7pm – 8.30pm, Monday 13 October

This webinar is designed for school hockey coaches looking to enhance their team's attacking structure, style, and mindset. Through video analysis and discussion, Susannah will share her insights on developing a goal-oriented playing style combined with a dynamic, confident approach to attack.

- Developing midfielders – control the tempo and drive momentum
- Building a structured defence – supporting creative play
- Designing engaging, purposeful training sessions – deliver results
- Embedding strong team culture – clarity and connection
- Teaching players to think, adapt, and lead – real match scenarios

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Susannah Townsend, is a former GB international with 188 caps across a 13-year career. She won a Gold Medal in the 2016 Rio Olympics and a Bronze at Tokyo in 2020. She has two Commonwealth Games medals and a Gold in European Championships. She is currently leading the Canterbury Ladies 1st XI in the England Hockey League and recently spent a season in the U.S. as Assistant Coach at Fairfield University, winning the league and becoming NEC Champions.

Find face to face hockey courses
on pages 8–10

LACROSSE

Building Confident Lacrosse Players from Basics to Pressure Play

NEW

with Sam Patterson

7pm – 8.30pm, Thursday 27 November

This webinar will explore contemporary coaching techniques. It will present practices to develop strong, confident Lacrosse players through better handling skills and game understanding. Through video analysis and discussion this course will break down easy-to-coach drills for school settings to keep aspiring Lacrosse players engaged and constantly enhancing their skills, from ground balls to pressured play.

- Key handling fundamentals: catching, carrying, and ball protection
- Reducing turnovers through technique and smart decision-making
- Game-like pressure drills to improve composure under challenge
- Small-sided games that build confidence, teamwork, and control
- Fun, competitive drills that keep players engaged and improving

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Sam Patterson is the current England Men's Head Coach and Head of Lacrosse at Nottingham Trent University. Sam has two decades of experience developing players from grassroots to international level in both formats of the game. As a player Sam represented England in a remarkable four Senior World Championships from 2006-2018: he is a three-time European Championship gold medal winner.

PE in the Early Years

with Lesley Minervini

7pm – 8.30pm, Monday 17 November

Movement plays a crucial role in the development of young children. This course is designed to enhance teachers' understanding of how to best present and manage movement activities in schools. Suitable for both specialist and non-specialist teachers, it explores the connection between physical growth and social, cognitive, and language development. Participants will be presented with a variety of activities, games, and play setups that support pupil development, all within a planning framework aimed at helping every child succeed.

- The place of Physical Development in Early Years
- Understanding the ways physical development underpins other areas of the Early Years Curriculum
- The importance of movement to young children
- Promoting purposeful play
- Practical ideas for teachers to deliver high quality movement education
- Developmentally appropriate activities which enable children to reach their potential in PE

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Lesley Minervini has over 25 years of experience working in education, and has worked with teachers throughout the world. She has authored many resources and courses including – Start

to Move cards, Healthy Movers Take Home Pack, Purposeful Playtimes and PE Underpinning Achievement. She is the tutor trainer for British Athletics officials and officiates in Athletics around the world.



PE in Key Stage One

with Lesley Minervini

7pm – 8.30pm, Tuesday 25 November

As children move from Early Years into Key Stage One, developing physical literacy becomes a key priority. This foundation supports future success in physical education and sport, while also building confidence, self-esteem, and social skills. Suitable for both specialist and non-specialist teachers, this webinar offers a comprehensive overview of fundamental movement skills, alongside a variety of activities, skill practices, and games designed to nurture these essential qualities in all children.

- Understanding physical development in Key Stage One
- Establishing a foundation of physical literacy
- Developing Fundamental Movement Skills in all children
- Analysing movement abilities and games skills
- Outstanding lesson content
- Developing the concepts of strategy and tactics alongside physical skills

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Basic School Gymnastics at Key Stage 2 and 3

with Gary Kirby

7pm – 8.30pm, Tuesday 2 December

7pm – 8.30pm, Tuesday 24 February 2026

This course is designed to build teachers' knowledge and confidence in delivering core gymnastic skills, activities, and fun games, with a focus on clear progressions suitable for Key Stage 2 and 3. Aimed at those with limited experience in teaching Gymnastics, it uses extensive video analysis to demonstrate how to teach all fundamental gymnastic movements. Throughout the course, there is a strong emphasis on developing good technique and ensuring safe practice.

- Traveling: Stepping, spinning, leaping and cartwheel
- Jumping: With shapes and with turns
- Rolling: Log, egg, side, teddy bear, forward and backward
- Balance: Small/ Large body parts, including Headstand and Handstand

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Progressing Gymnastics Skills

with Gary Kirby

7pm – 8.30pm, Tuesday 9 December

7pm – 8.30pm, Thursday 26 February 2026

This is a more advanced course is aimed at teachers who are working with key stage 2,3 & 4 children, and have some experience of teaching gymnastics. Extensively illustrated by video of coaching stages and performances, this session develops basic movements to include sequence building, partner balances and vaulting. It also highlights modern coaching techniques and recent changes to safe practice.

- Sequence Building: constructing routines for floor and apparatus
- Partner balances: working with a partner and in different group sizes
- Vaulting: using the spring board, safe landing,
- Squat on/off, squat through, straddle over vaults
- Developing handspring

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Gary Kirby was a GB international gymnast. He is an International Performance Coach and has coached medallists in both Olympic Games and World Championships. He was appointed men's Technical Director at the 2002 Commonwealth Games, and was subsequently Gymnastics Development Officer for Liverpool. He is one of Britain's leading Gymnastics judges, having officiated at World and European Championships and two Commonwealth Games

Find face to face gymnastics courses on pages 8–10

PHYSICAL EDUCATION

Becoming a Successful Head of PE

with Will Swaithes

IN ASSOCIATION WITH



7pm – 8.30pm, Thursday 6 November

This course is designed for aspiring and newly appointed subject leaders of Physical Education. It aims to equip them with the knowledge and skills to be effective in that position, and to achieve outstanding outcomes for their students. The programme is based on the latest research, inspection requirements and innovations in the subject. Having a clear picture of what a great practical PE lesson looks like is essential to standardising practice and ensuring the needs of all students are met. This will be supported by templates and case studies to map out coherent learner pathways that are much more than a 'basket of sports'. Various examination options will be considered, including GCSE, A level and vocational courses, together with their place in the curriculum pathway.

- Creating a clear vision for successful PE
- Clarifying the features of high-quality PE
- Understanding 'outstanding'
- Distinguishing PE from sport, games and broader education outcomes
- Understanding leadership and management to build a successful PE department
- Mapping out a well-sequenced learner journey appropriate to your context
- Using a theory of change model to plan for action and change
- Understanding examinations in PE and Sport

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Teaching High Quality Examination PE

with Will Swaithes

IN ASSOCIATION WITH



7pm – 8.30pm, Thursday 12 March 2026

Examination PE is often a challenging subject to teach, owing to the significant theoretical content requirements alongside an expectation to perform well in a variety of team/ individual sports. The reality in many schools is the requirement to teach a mixed ability, mixed gender and very mixed needs/ motivations class who have very different starting points and future interests. This webinar is aimed at teachers of all examination PE, including GCSE, A Level, BTEC and Cambridge Nationals. It will present current best practice in terms of teaching, learning and assessment strategies.

- Understanding the landscape of examinations in PE and Sport
- Review PE/ Sport qualification marketplace at level 2 and level 3
- Improving the strategic approach to examination PE
- Applying the best teaching, learning and assessment strategies
- Getting the best results for all students
- Take away 10 top tips for effective teaching and learning in PE

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Will Swaithes is Education Director at PE Scholar, providing training, consultancy and resources to support teachers in schools of all types. He has been involved in recent changes in the subject at national level, and is leader of the Oak Project. He leads the secondary PGCE programme at Birmingham City University, and was previously Head of Physical Education and Achievement for Youth Sport Trust

Improving Extended and Synoptic Exam Responses in A Level PE

NEW

with Tony Corcoran

IN ASSOCIATION WITH



7pm – 8.30pm, Tuesday 20 January 2026

This course is suitable for teachers of Edexcel and AQA A Level PE. It will focus on strategies for tackling the extended and synoptic 15 mark questions. It will look at the importance of linking the Assessment Objectives to formulate developed paragraphs and also how to interpret question demands.

- Understanding extended and synoptic questions
- Preparing candidates to succeed
- The importance of linkage
- Interpreting the questions
- Developing paragraphs
- Tips for success
- Practical Assessment

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



National Conference for Heads of PE

Thursday 5 February 2026
Leonardo Royal Hotel, Oxford

IN ASSOCIATION WITH



SEE PAGE 11



Delivering Theory Content for GCSE PE

NEW

with Tony Corcoran

IN ASSOCIATION WITH



7pm – 8pm, Monday 29 September

Teaching the theory content of GCSE PE can be an intimidating prospect, particularly for teachers of little or no experience. For experienced teachers, the need to refresh lesson content, and meet changing exam board requirements is a constant pressure. This webinar explores practical and engaging approaches to delivering the theoretical content of Papers 1 and 2. It will cover each component across all topic areas. Suitable for all exam boards.

- Alternative ways to deliver theory content
- Presenting theory in a more practical manner
- Focus on activities for a range of topic areas
- Movement analysis made easy
- Interpreting exam board requirements
- Understanding the difference between qualification requirements
- Immediate takeaways for use in lessons.

Prices & Booking

Individual £60 School £135

Zoom webinar runs 7pm to 8pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours





Edexcel GCSE PE: Improving the NEA with Tony Corcoran

IN ASSOCIATION WITH
**GCSE
SIMPLIFIED**

7pm – 8.30pm, Tuesday 27 January 2026

This course is suitable for teachers of Edexcel GCSE PE. It will focus on the practical moderation and the PEP, to enable teachers to better support students to score more highly in these components of the exam. It will explain what teachers need to do to get their students into the higher mark bands in the PEP as well as ways of structuring the practical moderation to best effect.

- Understanding the practical components
- Setting up a successful moderation session
- Skills in isolation
- Do's and don'ts of practical assessment
- Getting into the top mark bands for the PEP
- Ensuring accurate assessment
- Common mistakes to avoid

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Find face to face PE courses on page 11

Mastering GCSE PE Extended Answer Questions

with Tony Corcoran

IN ASSOCIATION WITH
**GCSE
SIMPLIFIED**

7pm – 8.30pm, Tuesday 17 March 2026

This webinar will provide strategies and structures that will allow students to access higher marks for extended writing. Every year, this is the most challenging area for students. Extended answer questions are worth between 10-19% of the mark for the paper, depending on the exam board, making them vitally important for all candidates. Suitable for AQA, Edexcel and OCR.

- Examples of different extended questions across the exam boards
- Implementing strategies access level 3 marks
- The importance of developed paragraphs
- Making teaching more effective
- How to write a 'FAIR' answer and what that means
- Practice makes permanent

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



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NEW



Aiming for Grades 7–9 in GCSE PE

with Tony Corcoran

7pm – 8.30pm, Monday 9 February 2026

This webinar will focus on strategies to assist students in the drive to access the higher grade levels. It will focus on the 4 areas of GCSE PE, presenting a range of strategies to drive success. This will include the NEA, the importance of AO2s in the exam and will consider the relevance of explain questions.

- Key components
- Focusing on papers
- Different question types
- Assessment objectives
- Command words

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Tony Corcoran is Senior Examiner for a major examination board. He has 20 years' experience teaching exam PE, and been involved in the delivery of GCSE training, in UK and overseas since 2015.

He is the founder and of GCSE Simplified revision guides that are used in 26 countries by more than 1600 schools.

Coaching Basketball in Schools

with Mark Jarram

7pm – 8.30pm, Monday 24 November

Basketball is a common feature in most school programmes. This course is ideal for school coaches seeking to refresh and enhance their coaching skills, as well as PE teachers delivering Basketball lessons. It includes a variety of Basketball activities showcased through video analysis, diagrams, and clear explanations. Participants will also receive a competency checklist covering technical, tactical, and physical development for ages 12-18, along with age-appropriate game styles and principles of play.

- Modern technique practices
- Drills for team practice
- Individual and team strategy
- Coaching different styles of play
- Principles of play
- Technical, tactical & physical development

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Mark Jarram is a professional Basketball coach of wide experience. He was Head Coach of the Loughborough University men's team for over ten years, and coached Leicester Riders in the British

Basketball League. He has also worked with professional teams in USA and Europe. He has National Team experience coaching Great Britain U16s, U18s and U20s spanning five year period, attending multiple European Championships. He has been awarded Basketball 'Coach of the Year' three times

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SWIMMING

Modern Swimming Teaching in Schools

with Amy Smith OLY
and Joe Roebuck OLY

7pm – 8.30pm, Monday 1 December

This is a course for teachers of curriculum Swimming lessons who wish to update their subject knowledge and make lessons more relevant, varied and effective. It is also appropriate for coaches of school swimming teams, who are aspiring to improve the techniques of their swimmers.

This session will provide modern content to enable teachers to improve swimming lessons. It is suitable for teachers of swimming classes, and coaches of competitive swimmers. It will present extensive video analysis of each stroke, showing skill progressions and common mistakes. Teachers will be equipped to better understand effective techniques, diagnose faults and provide corrective practices.

- Techniques of the major strokes
- Full technical breakdown
- Common mistakes
- Deconstructing Techniques
- Starts, Dives and turns
- Benefit of Swimming aids

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Amy Smith competed in the 2012 London Olympics in the 50m freestyle. She has competed in three Commonwealth Games, winning silver medals in each. She is European Championships Gold medalist and World Championships finalist.

Introducing Children to Swimming: From non-swimmer to 25 metres

with Sam Helliwell

7pm – 8.30pm, Thursday 6 November
7pm – 8.30pm, Monday 16 March 2026

This course is designed for teachers working with non-swimmers and beginners learning to swim. Using detailed video analysis, the session will break down the key elements of modern learn-to-swim coaching techniques, as recommended by Swim England. It will equip teachers with the confidence that their lessons are both effective and up to date.

- FUNdamental movement skills
- Overcoming hesitancy
- Core aquatic abilities
- Basic introduction to the swimming strokes
- Choosing and using the most effective equipment
- Lesson planning

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Sam Helliwell is Technical Aquatics Manager at Swim England, working within the 'Learn to Swim' team. He works closely with industry experts to provide a world-leading Swimming curriculum, which provides a learning pathway all the way from birth, into school years and through to pre-competitive. He provides resources to support swimming teachers delivering Learn to Swim lessons across the UK and overseas.



Joe Roebuck competed in three events in the 2012 London Olympics. He competed in the Commonwealth Games of Delhi and Glasgow, winning two Silver medals. He is a ten time British champion, and holds both British and Commonwealth records.

DANCE

Dance in the Primary Curriculum

with Eve Murphy

7pm – 8.30pm, Tuesday 20 January 2026

Dance is a vital part of the primary curriculum. This webinar is designed to give teachers of primary dance the confidence that they can deliver meaningful lessons, and ensure pupil progress. It will provide an understanding of the place of Dance within the primary curriculum and outline a range of content and practical approaches to support both specialist and non-specialist teachers of this age group.

- Engaging children in Dance
- Understanding the content of a Dance lesson
- Structuring schemes of work for Dance
- Linking Dance with the wider curriculum
- Delivering outstanding Dance lessons
- Themes, topics and inventive content

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Eve Murphy has over 20 years' experience in the Dance education industry. Previously a PE Teacher and School Sports Co-ordinator, she is now a content developer and training deliverer working with a wide variety of schools, universities and SCITTS.

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www.jobsinsport.online



Dance in the Secondary PE Curriculum

with Eve Murphy

7pm – 8.30pm, Monday 26 January 2026

Dance teaching can often be an area where teachers feel less confident. This course is designed to support secondary PE teachers in delivering curriculum Dance lessons. Its goal is to help them overcome any apprehension and build confidence in teaching effective, engaging lessons to younger secondary students. The course will cover a variety of content and offer strategies to involve all pupils in Dance.

- Dance in the secondary PE curriculum
- Overcoming reservations
- Understanding Dance principles
- Engaging all pupils in Dance
- The place of mixed Dance lessons
- Delivering outstanding lessons
- Lesson content for a coherent unit of work

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Cricket Coaching for Beginners

with Sam Rippington

NEW

7pm – 8.30pm, Monday 16 March 2026

This webinar is designed for inexperienced cricket coaches, including those delivering sessions for the first time. It will focus on the fundamentals of the game, covering batting, bowling and fielding and how the basics can be effectively presented to young players.

- Sessions starters
- Learning to bat
- Bowling and the fundamentals
- Making fielding fun
- Ensuring game based practise is fun!
- Managing match development

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Sam Rippington is the current Head Coach at Cambridge University and also the Performance Coach for Hertfordshire Cricket. Sam is a former first class cricketer who now coaches both boys and girls cricket of all abilities and age groups.

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Umpiring School Cricket

with Lydia Greenway OBE

7pm – 8pm, Tuesday 28 April 2026

This course offers an introduction to umpiring school cricket, equipping inexperienced teachers with the skills and knowledge to confidently officiate matches. It covers not only the application of the laws but also the management of the game to ensure a positive experience for everyone involved. The course features video explanations and demonstrations covering all essential information for the novice umpire.

- Applying the laws within the school game
- The role of the umpire
- Positioning
- Umpiring signals
- Ways batters can be out
- Understanding the 'appeal' in cricket and when it should be used
- Understanding run out at both ends
- Managing different match formats
- Combining umpiring with scoring

Prices & Booking

Individual £60 School £135

Zoom webinar runs 7pm to 8pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Lydia Greenway represented England during a career spanning 13 years with 225 appearances in all formats of the game. One of the most capped players to play for England. Lydia played an integral part in winning both the 50 over and T20 ICC World Cups in 2009. She is also a five times Ashes winner. Lydia has built and developed 'Cricket for Girls' which specialises in supporting schools and clubs in the development of women and girls' cricket. She also coaches Mumbai Indians in the Womens Premier League and previously worked with the Sydney Sixers in the Big Bash. She continues to commentate on the game for both Sky and BBC.

Find face to face cricket courses on page 14



Cricket for Girls: Beginners' Cricket Coaching with a Soft Ball

with Lydia Greenway OBE

IN ASSOCIATION WITH



7pm – 8.30pm, Wednesday 22 April 2026

This course is provided for teachers new to delivering soft ball cricket sessions, especially those working with inexperienced and younger players, including girls. No prior knowledge of the game is required. It introduces fundamental techniques for batting, bowling, and fielding, alongside games and drills designed to maximize player enjoyment and engagement. It will enable novice coaches to be confident of their lesson content and be capable of managing a school match.

- Basic techniques for Batting, Bowling and Fielding
- A catalogue of fun and engaging drills to practice the skills
- Different game types for various ages and abilities
- Issues with girls' Cricket
- Running a Pairs Cricket game
- The basic rules of the game
- Understanding basic Cricket terminology
- Principle fielding positions
- Umpiring the game: relevant rules and signals

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Cricket for Girls: Transitioning to the Hard Ball Game

with Lydia Greenway OBE

IN ASSOCIATION WITH



7pm – 8.30pm, Thursday 23 April 2026

This course equips inexperienced teachers with the skills and knowledge needed to introduce players to the hard ball game. Suitable for teachers and coaches with some cricket experience and a basic understanding of the sport, it demonstrates effective teaching methods to support the transition from soft ball skills.

- Running an effective net session
- The transition from soft to hard ball cricket
- Bowling the hard ball
- Batting shots and practices
- Progressive batting drills and techniques
- Introduction to protective equipment
- Fielding positions
- Field settings for different types of bowling
- Introduction to running between the wickets
- Teaching and coaching environments, including net practices
- Ensuring safety in a hard ball environment

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



CRICKET *continued*



Effective Bowling Drills to Improve Performance

NEW

with Richard Johnson

7pm – 8.30pm, Tuesday 24 March 2026

This webinar is designed for intermediate to advanced coaches developing young aspiring bowlers playing boys and girls hard ball cricket. The course will include a simple yet effective breakdown process for coaching bowling. This will enable school coaches to prepare their players to improve accuracy, develop a wider range of deliveries and reduce the risk of injury.

The Bowling Action

- Run-up
- Release
- Back-foot contact
- Follow-through
- Front-foot contact

Coaching variation, including:

- Swing
- Yorkers
- Wobble seam
- Target practice
- Slower ball

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Richard Johnson has worked for the past 16 years in professional and international cricket. He is now a lead fast bowling coach, and was previously Head Coach, of Middlesex CCC. He is a former international fast bowler who, playing over 165 First Class matches.

HEALTH & FITNESS

Building a Long-Term Athletic Development Programme

NEW

with Des Ryan

7pm – 8.30pm, Monday 2 February 2026

This webinar will illustrate how elite sport teams have designed athletic development programmes to benefit both individual and team performance. By using case studies from elite sport, Des will highlight how to design, measure and build a robust school athletic development programme, that will ultimately benefit every child, regardless of their sport.

- Professional Sport Case studies
- Athletic Development for different stages of development
- Linking Athletic Development to the sports technical model
- Growth and Maturation
- Planning and Periodisation

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Des Ryan is the Director of Sport and Physical Wellbeing at the University of Galway, leading the strategic development and management of the university's sports programmes. Prior to joining the University, he worked in Arsenal Academy for 9 years as Head of Athletic Development and Sports Medicine and before that at the Irish RFU in various roles with responsibility for player conditioning.



ATHLETICS



Track and Field Fundamentals

with Martin Brockman

7pm – 9pm, Monday 23 March 2026

7pm – 9pm, Tuesday 5 May

This webinar will introduce the fundamentals of Track and Field Athletics, including key running, jumping, and throwing events. It offers up-to-date technical guidance alongside creative teaching methods for school athletics. Participants will learn how to identify and correct common errors, as well as recognise skills that transfer across different events. The session is ideal for teachers of Athletics and those delivering these events within GCSE PE.

- Running: Sprints and Hurdles
- Throwing: Javelin and Shot Putt
- Jumping: Long jump and High jump

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 9pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Martin Brockman represented Great Britain in the decathlon for almost a decade, culminating in winning a bronze medal at the 2010 Commonwealth Games in Delhi and gold at the 2011 European Team Championships. With over 15 years of experience in coaching from grass-roots athletics to junior international athletes, he was the head of athlete development at the world-renowned Aspire Academy in Doha before creating Brockman Athletics where he develops teaching resources for schools and delivers bespoke CPD workshops to international schools all around the world.

TENNIS

Coaching School Tennis with Emma Wells

7pm – 8.30pm, Thursday 19 March 2026

7pm – 8.30pm, Wednesday 6 May

This course is suitable for teachers with little experience of delivering Tennis sessions, who wish to embrace new approaches to enliven sessions and improve student performance. It is also appropriate for PE teachers seeking to improve and modernise lesson content. Content will include details of modern techniques, imaginative practices as well as doubles tactics for school tennis.

- Modern tennis techniques for School Tennis
- Small sides games for tennis
- Practices, drills and games to improve performance
- Advanced techniques for improving players
- Base technical teaching of all shots
- Tactics and strategies for doubles play
- Managing large groups

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Emma Wells is the Head of Coach Education for Professional Tennis Registry of the UK: she is the first female to hold this international director position. As an experienced tutor and a trainer for the LTA and PTR, she has worked closely with the LTA in developing the 'Tennis For Kids' programme from 2015-18 as well as managing the implementation of other LTA initiatives.

Find the face to face option of this tennis courses on page 13



Coaching Goalkeeping within School Football

with Joshua Pugh

7pm – 8.30pm, Monday 24 November

The role of a goal keeper is vitally important in any football team, yet very little emphasis is put into coaching within schools. This webinar will encourage coaches to include goalkeeping training into their session plans, as well as providing goalkeeping techniques and modern day practices. Through video analysis and discussion, Joshua will highlight how Academy coaches train young goal keepers to maximise their effectiveness and potential.

- How to engage goalkeepers in sessions for the team
- Coaching technique
- Coaching goalkeepers in team sessions
- An example of a goalkeeper syllabus
- Implementing goalkeepers into team tactics

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Joshua Pugh is in his fifth season at Arsenal Football Club working across the Academy age groups as a goalkeeper coach. He also delivers coach education for The FA with a particular focus on goalkeeping.

Preparing for an ISI Inspection

with John Cox

7pm – 8.30pm, Monday 3 November
7pm – 8.30pm, Thursday 19 March 2026

This webinar explains the implications of the new ISI Inspection Process (Framework 23), and what Directors of Sport can do to prepare for the process and excel within it.

- Similarities with, and differences from, previous inspection frameworks
- Identifying new requirements
- Clarifying and meeting expectations
- Understanding the hallmarks of excellence
- The key things a Director of Sport can do to prepare for, and manage the process

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



John Cox has been an ISI Team Inspector since 2006. He is currently Senior Master at Malvern College, having previously been Director of Physical Education and Sport from 2000-2015. In addition, he is a Visiting Tutor for the University of Buckingham PGCE

National Conference for Educational Visits Co-ordinators

Thursday 10 February 2026
Leonardo Royal Hotel, Oxford

SEE PAGE 18

EVC Training: Ensuring compliance for Routine Visits with Everyday Risks

with Paul Bond

7pm – 8pm, Monday 23 March 2026

This webinar provides guidance on ensuring compliance through standardising operating procedures, which enables schools to adapt current policies to cover low-risk learning activities. The DfE defines Routine Visits as 'those that involve no more than an everyday level of risk, such as for slips and trips, and are covered by a school's current policies and procedures. They only need a little extra planning beyond the educational aspect of the trip and can be considered as a lesson in a different classroom'.

- Understanding the landscape
- Categorising the 'low risk' activities
- Understanding the implications of 'Routine Visits'
- Implications for schools
- Amending and adopting existing policies
- Applying best practice
- Considering the implications of case studies

Prices & Booking

Individual **£60** School **£135**

Zoom webinar runs 7pm to 8pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Paul Bond is an accredited trainer for the Royal Geographical Society's Educational Visits Coordinator training. He has been a board member and Regional Chair of London & South East Region of the Outdoor Education Advisers Panel, and is a Fellow of the Royal Geographical Association. He has over 40 years experience in the statutory and voluntary sector in outdoor education and adventure together with a range of National Health and Safety Awards.

AI for School Sport and PE Leaders

with Ben Whitaker

7pm – 8.30pm, Monday 13 October

This beginner-friendly webinar introduces Sport and PE leaders to simple, practical ways AI can support communication, planning, and engagement. No technical knowledge is needed, as delegates will explore ready-to-use tools that save time and enhance their department's impact. Focused entirely on real-world tasks, the course gives leaders the confidence to start using AI immediately.

- Understanding the basics: what AI is, what it can – and cannot – do in Sport and PE contexts
- Training AI to draft letters, newsletters, fixture updates, and event promotions with easy to use prompts and maintaining 'tone of voice'
- Using AI to create differentiated lesson plans, warm-ups, and skill drills for mixed-ability groups
- Quickly summarising participation data (e.g. club attendance, fixture involvement) using AI-powered spreadsheets
- Creating engaging social media posts or internal marketing for school sport using AI tools

Prices & Booking

Individual **£75** School **£165**

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Ben Whitaker is a consultant on both digital and cultural transformation. For 15 years, he has worked in education as an Assistant Principal and Curriculum Manager, focusing on Apprenticeships, Digital Transformation and formerly in his subject specialisms. Ben is co-host of the popular Edufuturists podcast, exploring the future of education, most notably around the implications of AI in Education.



Dealing with Difficult Conversations

NEW

with Sue Woodroffe

7pm – 8.30pm, Monday 10 November
7pm – 8.30pm, Thursday 12 February 2026

Managing difficult conversations well makes an enormous difference both to a Director of Sport's role. It also helps to create a positive culture around school sport for pupils, parents and colleagues. Difficult conversations require honesty and tact, but they can be handled with kindness too. When managed well, they can lead to positive and collaborative next steps and increased confidence for all involved.

- Understanding the different types of difficult conversations with a variety of stakeholders
- Understanding why they might be difficult
- Discussion around strategies to make these successful
- Top tips for you to apply in your role

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Sue Woodroffe is an experienced Head, having been Principal of The Grammar School at Leeds until summer 2025, and previously at The British School of Brussels. She was Chair of HMC from 2023-24, Vice Chair from 2024-25 and currently works with several schools and organisations, in the UK and overseas, as a governor and/or educational consultant. In 2025, she was named TES Independent Headteacher of the Year.

The Mental Edge: Supporting Young Athletes to Thrive

NEW

with Rick Cooper

7pm – 8.30pm, Tuesday 11 November
7pm – 8.30pm, Thursday 26 February 2026

This session will give tools to develop mentally strong and adaptable young people who can perform at their best across school life. It will enable schools to better support young athletes to thrive in an environment of stress, anxiety and self-doubt.

- Practical frameworks to help individuals and teams stay grounded, focused, and in the moment, even in high-pressure situations
- The power of clarity of vision – how defining direction can help an individual push through adversity
- Strategies for building resilience and reframing setbacks, turning obstacles into growth opportunities
- The difference between a 'moving away' vs. 'moving towards' mindset – and how it shapes an individual's and team's response to pressure
- How meta-cognitive biases influence stress, decision-making, and performance under pressure

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Rick Cooper is a leadership and performance coach with over 20 years' experience. He has worked with independent schools in the UK and Ireland, as well as organisations and individuals at: St Helens RL, Harlequins RUFC, Manly Sea Eagles (Australia), Royal London Asset Management and MACE Group. His experience has shaped his understanding of leadership, emotional intelligence, and the psychology of performance.

The Director of Sport in a Prep School

with Chris Dossett

7pm – 8.30pm, Thursday 27 November

Sport in the prep sector faces its own unique challenges. This webinar aims to address these, and is suitable for teachers leading sport in these schools as well as those who aspire to do so. With pressures for both inclusivity and competitive success, the Director of Sport faces significant challenges in compiling a programme to meet all expectations. Parents can be intrusive, and resources often limited. This course considers the practical issues faced by prep school sport, and presents possible strategies and solutions.

- Creating an effective vision and strategy for sport in your school
- Understanding the evolving role and responsibilities of the Director of Sport
- Balancing performance, participation and pupil wellbeing
- How sport contributes to whole-school aims, values and identity
- Developing a broad, inclusive and progressive sports curriculum
- Identifying what "success" looks like in a sports programme
- Tackling the challenge of fixture congestion and seasonal imbalance
- Managing parental expectations and building positive relationships
- Making the most of limited facilities, staff and curriculum time
- Planning for continuity and transition into senior school sport
- Using sport to promote character, confidence and leadership
- Addressing gender balance and opportunities for all pupils

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Succeeding as a Head of Sport

with Neil Rollings

7pm – 8.30pm, Thursday 13 November

This webinar is intended for aspiring or recently appointed heads of a sport in a school. It will consider the priorities for these roles, and how these have changed in recent years. Participants will be prepared for managing the contemporary challenges in school sport, and developing creative solutions to common problems. It is suitable for leaders of any sports programme in a school

- The role of the modern head of a sport
- Leading a sports programme in a school
- Clarifying what success looks like
- Supporting high performance
- Retaining a critical mass of players
- Creating a competition programme
- Establishing standards, values and behaviours
- Building a culture of commitment
- Creating a school-wide coaching philosophy
- The workforce of school sport
- Controlling the quality of the experience
- Meaningful communications

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Neil Rollings was Director of Sport in four independent schools, over a 21-year career, and an Independent Schools Inspector. He is leader of the RFU Schools' Project, contributor to the Government Task Force on the Future of PE and member of the All-Party Parliamentary Group on a Fit and Healthy Childhood. He was Chairman of the Professional Association of Directors of Sport in Independent Schools for 15 years, and is Course Director of the University of Buckingham MA programme in Leading School Sport.

Staffing the Co-Curricular Programme

with Neil Rollings

7pm – 8.30pm, Tuesday 13 January 2026

Co-Curricular activities are central to the culture and business case of most schools. There are long-established traditions and expectations of provision. However, at a time when facilities for these activities have never been better, it is ironic that staffing these activities is more complex than ever. A perfect storm of factors is making many staff less generous with their discretionary effort, and historic expectations of teachers are being challenged.

This new webinar is aimed at Co-Curricular leaders, and others responsible for staffing the co-curricular programme. It will address the issues that schools face, consider industry trends and case studies and present a framework for strategic evaluation future provision.

- Understanding the perfect storm
- The particular problems of sports provision
- The shifting dynamic of supply and demand
- Avoiding a culture of adding
- Contractual expectation v discretionary effort
- Evaluating future requirements
- Legitimate curriculum extension expectations
- Reward and recognition models
- The future of co-curricular staffing

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Find the face to face seminar programme on pages 18–22

The Ultimate Course for Aspiring Directors of Sport

with Neil Rollings

This four-part, online, course provides everything necessary to maximise applications for these positions. The first two Units will explain the role of the Director of Sport as leader, cultural architect and quality controller: the third will consider programme issues and priorities. The final session will consider all dimensions of the job application and selection process to enable candidates to present themselves at their very best. This unique content results from the experience of making more than 50 Director of Sport appointments, conducting over 200 interviews and reading nearly 2000 letters of application.

This course will be run once in the 2025/2026 year, specifically for people intending to apply for these jobs in the future. Numbers are strictly limited.

UNIT ONE

Tuesday 4 November

The Director of Sport as a Leader

UNIT TWO

Tuesday 11 November

Culture Building And Quality Control

UNIT THREE

Tuesday 18 November

Managing Programme Issues

UNIT FOUR

Tuesday 2 December

Applying for jobs: Rules of the Game, forms and letters & Optimal Performance in the Selection Process

Prices & Booking

One Place £275

Zoom webinar runs 7pm to 8.30pm.
For all four Modules. Not available separately.
These webinars are not recorded.



Transforming School Sport with Video Technology

IN COLLABORATION WITH

veo

7pm – 8pm, Monday 29 September

Video technology helps every school, team, and player improve their performance. It is, however, important that cameras are portable and easy-to-use. The best technology automatically records, analyses, and live-streams sport, all powered by AI.

Vevo is the leading provider of this technology to the education sector, making high quality analysis within the reach of most schools.

This session, will explore how schools can maximise the use of Vevo equipment, including latest product updates. Guest speakers from schools will share their experiences of using Vevo, coupled with an open Q&A with access to the Vevo team for advice.

- What is Vevo and how does it work?
- Veo Cam vs. Veo Cam 3: What's the difference, and which is the right fit for your school?
- Empowering coaches and teachers: how technology benefits your school, your players, and your PE department
- Case Studies
- Live Q&A: Ask your questions directly to the Vevo team

Prices & Booking

Individual £60 School £135

Zoom webinar runs 7pm to 8pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Building a Sports Department to Boost Commercial Success

NEW

with Ben Mason

7pm – 8.30pm, Tuesday 4 November

Adopting a commercial mindset is vital for contemporary independent school sports departments, to ensure that they maximise their whole-school impact. This webinar equips Directors of Sport and senior co-curricular leaders with business and leadership skills tailored to the sport and education sector, covering strategic marketing, vision alignment, and stakeholder engagement. The course places strong emphasis on entrepreneurial thinking and innovation in sports education to drive student engagement, attract talent, and future-proof school sport departments

- Student-athlete recruitment strategies
- Prioritising departmental focus
- Leveraging technology to track and improve performance
- Building a department that supports student outcomes and school enrolment

Prices & Booking

Individual £75 School £165

Zoom webinar runs 7pm to 8.30pm.
School subscription allows up to 5 members of staff.
Recording available for 48 hours



Ben Mason draws on 16 years in education, including 12 as Director of Sport. He combines his experience in education with the commercial world of business. Ben founded Globalbridge in 2017 - a pioneering EdTech platform designed to help schools showcase student talent and skills, aligning with the advances in digital media within the evolving talent recruitment landscape. Globalbridge has been listed in the Business Cloud UK EdTech top 10 for most innovative education technology creators and Ben was listed in The Sunday Times Top 100 entrepreneurs.

FACE TO FACE COURSES AT A GLANCE

Athletics

School Athletics Masterclass 13
Fri 13 Mar 2026 Thames Valley AC, Windsor
Fri 20 Mar English Institute of Sport, Sheffield
Fri 24 Apr Crystal Palace Sports Centre, London
Fri 1 May University of Bath Sports Training Village
Fri 8 May Bedford International Athletic Stadium

Badminton

Inspiring Badminton Teaching and Coaching 11
Tue 18 Nov Prior's Field School, Surrey

Basketball

Introducing and Developing School Basketball 13
Thu 22 Jan 2026 Wellington College Prep School, Berkshire

Cricket

Cricket Coaching and Umpiring for Inexperienced Coaches 14
Fri 20 Mar 2026 Cokethorpe School, Oxfordshire
Tue 24 Mar Wellington College Prep School, Berkshire
Thu 23 Apr Cheadle Hulme School, Cheshire
Cricket for Girls: Introduction to Softball Cricket 14
Fri 24 Apr 2026 Tudor Hall School, Oxfordshire
Cricket for Girls: Making the Transition to Hard Ball 14
Mon 27 Apr 2026 Reed's School, Surrey

Football

Beginners Football Coaching 17
Thu 9 Oct Dulwich Prep & Senior School, London
Intermediate Football Coaching 17
Thu 27 Nov Abingdon School, Oxford
National Conference for Heads of Football in Independent Schools 17
Mon 2 Feb 2026 St George's Park, FA National Football Centre

Gymnastics

Intermediate Level: Skills for Secondary Schools 15
Thu 13 – Fri 14 Nov Sir William Perkins's School, Surrey
Thu 19 – Fri 20 Mar 2026 Guildford Spectrum, Surrey
Intermediate Primary Level: Skills for Primary Schools 15
Thu 12 – Fri 13 Feb 2026 Guildford Spectrum, Surrey
Introductory Level: Teaching Gymnastics to Key Stage Two 15
Wed 12 Nov Holme Grange School, Berkshire
Wed 18 Mar 2026 Guildford Spectrum, Surrey

Hockey

Attacking to Score 9
Fri 7 Nov Reed's School, Surrey
Coaching 7-a-Side Hockey 10
Thu 9 Oct Royal Russell School, South London
Tue 20 Jan 2026 Cumnor House Sussex
National Conference for Heads of Hockey in Schools 9
Thu 20 Nov Leonardo Royal Hotel, Oxford

National Prep Schools' Hockey Conference 10
Thu 16 Oct Headington Rye School, Oxfordshire

Hockey Coaching and Umpiring for Beginners 10
Tue 14 Oct Prior's Field School, Surrey
Thu 13 Nov Birkenhead School, Wirral
Thu 15 Jan 2026 James Allen's Girls' School, Ldon
Umpiring School Hockey 8
Tue 11 Nov Tudor Hall School, Oxfordshire

Netball

18th Annual National Schools' Netball Coaching Conference 3
Tue 25 Nov St George's Weybridge, Surrey
Effective Drills and Practices for Netball Coaches 4
Fri 14 Nov Solihull School, West Midlands
National Prep Schools' Netball Conference 5
Thu 29 Jan 2026 St George's Weybridge, Surrey
Netball Attack Masterclass 4
Fri 7 Nov Haberdashers' Girls' School, Herts
Fri 30 Jan 2026 Sir William Perkins's School, Surrey
Netball Coaching for Beginners 3
Mon 6 Oct James Allen's Girls' School, London
Fri 7 Nov Tudor Hall School, Oxfordshire
Mon 12 Jan 2026 Tormead School, Surrey
Netball Defence Masterclass 4
Fri 28 Nov Tormead School, Surrey
Fri 6 Feb 2026 King Edward VI High School for Girls, Birmingham
Umpiring School Netball 5
Mon 13 Oct Dunottar School, Surrey

Physical Education

Becoming a Successful Head of PE 11
Tue 16 Jun 2026 Guildford
National Conference for Heads of Physical Education 11
Thu 5 Feb 2026 Leonardo Royal Hotel, Oxford

Rugby

Beginners' Rugby Coaching and Refereeing (15-a-side) 7
Fri 10 Oct Bristol Grammar School
Thu 16 Oct Wellington College Prep School, Berks
Coaching and Refereeing Age Grade Rugby (U9 to U12) 6
Thu 2 Oct The Elms School, Worcestershire
Fri 7 Nov Cumnor House, Sussex
National Conference for Heads of Rugby in Prep Schools 8
Tue 14 Oct Allianz Stadium, Twickenham
National Conference for Heads of Rugby in Schools 7
Mon 17 Nov Allianz Stadium, Twickenham
Refereeing School Rugby 6
Thu 13 Nov Cranleigh School, Surrey
Rugby Sevens Masterclass 6
Mon 2 Feb 2026 Reigate Grammar School, Surrey
Seminars 22
Conference for Leaders of School Sport in Scotland 22
Thu 25 Sep The Glasgow Academy
Conference for Co-Curricular Leaders 19
Wed 26 Nov Hilton London Olympia, Kensington

Developing and Managing a Sports Scholarship Programme 19
Mon 10 Nov Leonardo Royal Hotel, Oxford
Thu 26 Feb 2026 Guildford

Educational Visits Co-ordinators Update Training 18
Thu 13 Nov Leonardo Royal Hotel, Oxford
National Conference for Educational Visits Co-ordinators 18
Thu 10 Feb 2026 Leonardo Royal Hotel, Oxford
Managing Staff in School Sport 20
Tue 23 Jun 2026 Leonardo Royal Hotel, Oxford
PADSIS Conference 2026 21
Thu 5 & Fri 6 Mar 2026 Leonardo Royal Hotel, Oxford

Seminar for Co-Curricular Deputy Heads 19
Fri 27 Feb 2026 Birmingham
Mon 8 Jun Reading
The Director of Sport in an Independent School 20
Thu 27 Nov Leonardo Royal Hotel, Oxford
Tue 16 Jun 2026 Guildford
The Director of Sport in a Prep School 20
Tue 18 Nov Hilton London Olympia, Kensington
Thu 11 Jun Birmingham

The Edge of Sports Leadership: The Emerging Shift Sport Needs 21
Thu 12 Feb 2026 Leonardo Royal Hotel, Oxford
The Head of Cricket in an Independent School 22
Tuesday 3 February 2026 Guildford
The Importance of Self-Awareness in Leadership 21
Mon 24 Nov Hilton London Olympia, Kensington
Working with Your Head 18
Tue 4 Nov Leonardo Royal Hotel, Oxford
Tue 24 Feb 2026 Birmingham
Tue 9 Jun Guildford

Swimming

Coaching Swimming in Schools 12
Mon 10 Nov City of London Freeman's School, Surrey
Introducing Children to Swimming: From non swimmer to 25m 12
Tue 4 Nov St Piran's School, Berkshire
Wed 29 Apr 2026 James Allen's Girls' School, London

Tennis

Coaching School Tennis 13
Thu 12 Mar 2026 King's Park Sports Tennis Centre, Northampton
Thu 30 Apr White Horse TLC, Oxford

Trampoline

British Gymnastics Teachers' Award: Level 1 16
Mon 3 – Tue 4 Nov Guildford Spectrum, Surrey
Tue 28 – Wed 29 Apr 2026 Guildford Spectrum, Surrey
British Gymnastics Teachers' Award: Level 2 16
Mon 17 – Tue 18 Nov Guildford Spectrum, Surrey
British Gymnastics Teachers' Trampoline Refresher Award 16
Thu 12 Feb 2026 St Piran's School, Berkshire

ONLINE COURSES AT A GLANCE

Athletics

Track and Field Fundamentals 32
7pm – 9pm, Mon 23 Mar 2026
7pm – 9pm, Tue 5 May

Basketball

Coaching Basketball in Schools 29
7pm – 8.30pm, Mon 24 Nov

Cricket

Cricket for Girls: Beginners' Cricket Coaching with a Soft Ball 31
7pm – 8.30pm, Wed 22 Apr 2026
Cricket Coaching for Beginners 31
7pm – 8.30pm, Mon 16 Mar 2026
Cricket for Girls: Transitioning to the Hard Ball Game 31
7pm – 8.30pm, Thu 23 Apr 2026
Effective Bowling Drills to Improve Performance 32
7pm – 8.30pm, Tue 24 Mar 2026
Umpiring School Cricket 31
7pm – 8pm, Tue 28 Apr 2026

Dance

Dance in the Primary Curriculum 30
7pm – 8.30pm, Tue 20 Jan 2026
Dance in the Secondary PE Curriculum 30
7pm – 8.30pm, Mon 26 Jan 2026

Football

Coaching Goalkeeping within School Football 33
7pm – 8.30pm, Mon 24 Nov

Gymnastics

Basic School Gymnastics at Key Stage 2 and 3 27
7pm – 8.30pm, Tue 2 Dec
7pm – 8.30pm, Tue 24 Feb 2026
Progressing Gymnastics Skills 27
7pm – 8.30pm, Tue 9 Dec
7pm – 8.30pm, Thu 26 Feb 2026

Health & Fitness

Building a Long-Term Athletic Development Programme 32
7pm – 8.30pm, Mon 2 Feb 2026

Hockey

Coaching 7-a-Side Hockey 26
7pm – 8.30pm, Thu 20 Nov
Developing an Attacking Style of Play with a Goal Scoring Mindset 26
7pm – 8.30pm, Mon 13 Oct
A Dictionary of Effective Drills for Hockey 25
7pm – 8.30pm, Tue 7 Oct

Hockey Coaching for Beginners 25
7pm – 8.30pm, Thu 9 Oct
7pm – 8.30pm, Thu 13 Nov
7pm – 8.30pm, Tue 13 Jan 2026
Umpiring School Hockey 26
7pm – 8.30pm, Tue 2 Oct
7pm – 8.30pm, Tue 18 Nov
7pm – 8.30pm, Thu 29 Jan 2026

Lacrosse

Building Confident Lacrosse Players from Basics to Pressure Play 26
7pm – 8.30pm, Thu 27 Nov

Netball

Achieving High Performance with Simplicity and Process 31
7pm – 8.30pm, Wed 19 Nov
Coaching Skills and Strategies for Netball 32
7pm – 8.30pm, Wed 26 Nov
7pm – 8.30pm, Wed 4 Feb 2026
Match Day Coaching 31
7pm – 8.30pm, Wed 12 Nov
Netball – The Defensive End 30
7pm – 8.30pm, Wed 21 Jan 2026
Umpiring School Netball 30
7pm – 8.30pm, Mon 3 Nov
7pm – 8.30pm, Wed 14 Jan 2026

Physical Education

Aiming for Grades 7–9 in GCSE PE 29
7pm – 8.30pm, Tue 15 Oct
Becoming A Successful Head of PE 28
7pm – 8.30pm, Thu 6 Nov
Delivering Theory Content for GCSE PE 27
7pm – 8pm, Mon 29 Sep
Edexcel GCSE PE: Improving the NEA 27
7pm – 8.30pm, Tue 27 Jan 2026
Improving Extended and Synoptic Exam Responses in A Level PE 28
7pm – 8.30pm, Tue 20 Jan 2026
Mastering GCSE PE Extended Answer Questions 32
7pm – 8.30pm, Tue 17 Mar 2026
Teaching High Quality Examination PE 28
7pm – 8.30pm, Mon 9 Feb 2026

Primary PE

PE in The Early Years 27
7pm – 8.30pm, Mon 17 Nov
PE in Key Stage One 27
7pm – 8.30pm, Tue 25 Nov

Rugby

Attack from Set Piece – Strike to Score 25
7pm – 8.30pm, Thu 20 Nov

Beginners Rugby Coaching 24
7.30pm – 9pm, Tue 7 Oct
Coaching and Refereeing Age Grade Rugby: Under 9 to Under 12 24
7.30pm – 9pm, Wed 15 Oct
Contemporary Sevens for School Coaches 25
7pm – 8.30pm, Mon 26 Jan 2026
A Dictionary of Skill Drills for School Rugby Coaches 24
7.30pm – 9pm, Wed 12 Nov
Refereeing School Rugby 24
7.30pm – 9pm, Tue 30 Sep

Seminar Programme

AI for School Sport and PE Leaders 33
7pm – 8.30pm, Mon 13 Oct
Building a Sports Department to Boost Commercial Success 35
7pm – 8.30pm, Tue 4 Nov
Dealing with Difficult Conversations 34
7pm – 8.30pm, Mon 10 Nov
7pm – 8.30pm, Thu 12 Feb 2026
EVC Training: Ensuring compliance for Routine Visits with Everyday Risks 33
7pm – 8pm, Mon 23 Mar 2026
Preparing for an ISI Inspection 33
7pm – 8.30pm, Mon 3 Nov
7pm – 8.30pm, Thu 19 Mar 2026
Staffing the Co-Curricular Programme 35
7pm – 8.30pm, Tue 13 Jan 2026
Succeeding as a Head of Sport 34
7pm – 8.30pm, Thu 13 Nov
The Director of Sport in a Prep School 34
7pm – 8.30pm, Thu 27 Nov
The Mental Edge: Supporting Young Athletes to Thrive 34
7pm – 8.30pm, Tue 11 Nov
7pm – 8.30pm, Thu 26 Feb 2026
The Ultimate Course For Aspiring Directors of Sport 35
Weekly 4 Nov – 2 Dec
Transforming School Sport with Video Technology 35
7pm – 8pm, Mon 29 Sep
Swimming 28
Introducing Children to Swimming: From Non Swimmer to 25 metres 30
7pm – 8.30pm, Thu 6 Nov
7pm – 8.30pm, Mon 16 Mar 2026
Modern Swimming Teaching in Schools 30
7pm – 8.30pm, Mon 1 Dec
Tennis 32
Coaching School Tennis 25
7pm – 8.30pm, Thu 19 Mar 2026
7pm – 8.30pm, Wed 6 May